



# University of Georgia Student-Athlete Planner 2023 - 2024

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# **UNIVERSITY OF GEORGIA ATHLETIC ASSOCIATION**

## **STUDENT-ATHLETE HANDBOOK GENERAL STATEMENT**

Participation in intercollegiate athletics at the University of Georgia is an honor and a privilege extended to a gifted few. As visible ambassadors of the University, student-athletes are always expected to uphold high standards of integrity and behavior, which reflect well upon them, their families, coaches, teammates, the University of Georgia Athletic Association (UGAAA) and the University of Georgia. UGAAA student-athletes will govern themselves honorably and affirm that they will:

- Uphold ideals of **HONESTY** and **INTEGRITY** in their actions
- Treat everyone with **DIGNITY** and **RESPECT**
- Promote a safe and **CIVIL** environment.
- Be **ACCOUNTABLE** for their behavior
- Embrace the principles of **DIVERSITY** and **INCLUSIVENESS**
- Strive for **EXCELLENCE** in all endeavors
- Commit to being a **RESPONSIBLE** citizen

### **STUDENT-ATHLETE CONDUCT POLICIES AND PROCEDURES**

UGAAA has developed the following department-wide policy for student-athlete conduct. The provisions of UGAAA Student-Athlete Handbook are not to be regarded as a contract between the student-athlete and UGAAA. UGAAA reserves the right to amend any provision herein at any time. Nothing in this policy supersedes any NCAA, Conference or University rule or policy. It is designed to set standards and expectations for the way UGAAA student-athletes represent the University of Georgia and outlines potential consequences for those who choose not to adhere to these expectations. This process is not designed to be used in situations involving violations of team rules which fall under the purview of the head coach.

UGAAA Student-Athlete Handbook: <https://thegeorgiaway.com/project/student-athlete-handbook/>

### **STUDENT-ATHLETE CODE OF ETHICS**

As a student-athlete at UGA, you have the opportunity to develop your academic, athletic, and personal abilities in a community environment. Participation in athletics gives you an opportunity to travel, represent your institution, and learn the importance of teamwork. Representing your team and the University requires a commitment to certain ethical guidelines and behaviors, including but not limited to:

- Respect different points of view
- Strive for the highest degree of excellence
- Abide by the spirit of the rules
- Maintain high standards of courtesy, behavior, and integrity
- Respect and accept the decisions of the coach
- Exhibit dignity in manner and dress when representing one's institution at all times
- Respect the accomplishments of teammates
- Exert maximum efforts in academics, practice, and competition

### **COACHES' JURISDICTION AND TEAM RULES**

The head coach is responsible for the total conduct of his/her sports program and team rules within limits of authority defined by the:

- Philosophy and goals of UGAAA
- University and Athletic Department policies and procedures
- Rules and regulations of the Southeastern Conference (SEC) and the National Collegiate Athletic Association (NCAA)

The Athletic Director will review violations of team rules set forth by each head coach. Suspension and loss of grant-in-aid can occur only after review by the Athletic Director.

## **STUDENT-ATHLETE EXPECTATIONS AND RESPONSIBILITIES**

UGA student-athletes, like all other students, are required to follow all University policies and comply with all local, state, and federal laws. In addition, student-athletes must comply with all UGAAA and applicable team policies. Please remember:

- The ***University of Georgia Student-Athlete Handbook*** is in addition to, and does not replace or supersede, the University of Georgia Code of Conduct
- The ***University of Georgia Student-Athlete Handbook*** governs the student's privilege and permission to participate in any aspect of NCAA athletics.
- UGAAA and/or team specific disciplinary sanctions may be imposed in advance of any campus disciplinary and/or criminal charges.
- Additional disciplinary sanctions **may** be imposed by the University, including, but not limited to: probation, suspension from school, or expulsion depending on the severity of the offense and prior offenses.

### **NOTICE OF RESPONSIBILITY**

It is the responsibility of every student-athlete to report to their head coach within twenty-four (24) hours of engaging in conduct that could be a violation of the University of Georgia Code of Conduct, being detained by a law enforcement agency, or being charged with any crime.

- Any student-athlete arrested or charged with a crime or under investigation for a violation of a University policy may be immediately suspended from competition and/or other athletic activities while the criminal matter or investigation is pending.”
- When the Athletic Association is informed of a student-athlete being arrested, charged, or cited for a crime, the student-athlete will be referred to the ***UGAAA Comprehensive Action Committee*** (as defined in the UGAAA Student-Athlete Handbook) depending on the nature or severity of the incident. The student athlete may be immediately suspended from all athletic related activities until those charges are resolved. Information is shared between the Department of Athletics and the Dean of Students Office and the Equal Opportunity Office in these cases.

Any UGAAA or team sanctions are in addition to and do not supersede the authority or proceedings of other on-campus or off-campus entities and authorities.

## **SOCIAL NORMS, REGULATIONS AND RESPONSIBILITIES**

Below you will find links redirecting you to key system and campus policies. You are responsible for review and compliance with all policies.

- The University of Georgia Code of Conduct: <https://conduct.uga.edu/wp-content/uploads/sites/11/2020/10/Code-of-Conduct.pdf>
- Academic Honesty Policy: <https://honesty.uga.edu/Academic-Honesty-Policy/>
- Sexual Misconduct Policy: <https://eoo.uga.edu/sexual-misconduct-policy/>
- Non-Discrimination and Anti-Harassment Policy: <https://eoo.uga.edu/policies-resources/ndah-policy/>
- Weapons Policy: <https://policies.uga.edu/Campus-Safety-and-Security/University-Police-Department/Weapons-Prohibited-on-Campus/>
- University Housing Policy: <https://housing.uga.edu/conferences/policies/>
- Official Code of Georgia Hazing Law: <https://thegeorgiaway.com/wp-content/uploads/2021/06/Hazing.pdf>

# **UNIVERSITY OF GEORGIA ACADEMIC CALENDAR 2023 – 2024**

## **FALL 2023**

Orientation – Aug. 14  
Advisement – Aug. 14  
Registration – Aug. 15  
Classes Begin – Aug. 16  
Drop / Add – Aug. 16 – 22  
Labor Day Holiday – Sept. 4  
Midterm – Oct. 9  
Withdrawal Deadline – Oct. 23  
Fall Break – Oct. 27  
Thanksgiving Break – Nov. 22 – 24  
Classes Resume – Nov. 27  
Friday Class Schedule in Effect – Dec. 5  
Classes End – Dec. 5  
Reading Day – Dec. 6  
Final Exams - Dec. 7 – 13  
Commencement – Dec. 15  
Grades Due – Dec. 18

## **SPRING 2024**

Orientation / Advisement – Jan. 4  
Registration – Jan. 5  
Classes Begin – Jan. 8  
Drop / Add – Jan. 8 – 12  
Martin Luther King Jr. Holiday – Jan. 15  
Midterm – Feb. 29  
Spring Break – Mar. 4 – 8  
Classes Resume – Mar. 11  
Withdrawal Deadline - Mar. 21  
Classes End – April. 29  
Reading Day – April 30  
Final Exams – May 1 – 7  
Commencement – May 10  
Grades Due – May 13

## **SUMMER 2024**

Date of conferral of Summer 2024 degrees – Aug. 5

### **MAY SESSION**

Registration – May 13  
Classes Begin – May 14  
Drop / Add – May 14 – 15  
Midterm – May 23  
Withdrawal Deadline – May 23  
Memorial Day Holiday – May 27  
Classes End – June 4  
Final Exams – June 5  
Grades Due – June 10

### **EXTENDED SESSION**

Registration – May 13  
Classes Begin – May 14  
Drop / Add – May 14 – 20  
Memorial Day Holiday – May 27  
Juneteenth Holiday – June 19  
Midterm – June 21  
Withdrawal Deadline – June 21  
4th of July Holiday – July 4  
Classes End – July 31  
Final Exams – Aug. 1 – 2  
Grades Due – Aug. 5

### **THRU TERM SESSION**

Orientation – June 4  
Advisement / Registration – June 5  
Classes Begin – June 6  
Drop / Add – June 6 – 12  
Juneteenth Holiday – June 19  
Midterm – July 3  
Withdrawal Deadline – July 3  
4th of July Holiday – July 4  
Classes End – July 31  
Final Exams – Aug. 1 – 2  
Grades Due – Aug. 5

## SHORT SESSION I

Orientation – June 4  
Advisement / Registration – June 5  
Classes Begin – June 6  
Drop / Add – June 6 – 7  
Juneteenth Holiday – June 19  
Midterm – June 20  
Withdrawal Deadline – June 20  
Classes End – July 3  
Independence Day Holiday – July 4  
Final Exams – July 5  
Grades Due – July 8

## SHORT SESSION II

Orientation / Advisement / Registration – June 5  
Classes Begin – July 8  
Drop / Add – July 8 – 9  
Midterm – July 19  
Withdrawal Deadline – July 19  
Classes End – Aug. 1  
Final Exams – Aug. 2  
Grades Due – Aug. 5

## USEFUL WEBSITES & APPS

### UNIVERSITY WEBSITES:

- **Athena:** *Class registration, student account, holds, financial aid, and transcript request:* [Athena.uga.edu](https://athena.uga.edu)
- **UGA website:** [uga.edu](https://uga.edu)
- **UGA email:** [ugamail.uga.edu](mailto:ugamail.uga.edu)

### ACADEMIC WEBSITES:

- **Bulletin:** *Major and course descriptions:* [bulletin.uga.edu](https://bulletin.uga.edu)
- **DegreeWorks:** *Check degree progress and find out degree requirements:* [degreeworks.uga.edu](https://degreeworks.uga.edu)
- **eLC:** *Class essentials:* [elc.uga.edu](https://elc.uga.edu)
- **EMMA:** *Submit papers for ENGL 1101-1103:* [emma.uga.edu](https://emma.uga.edu)
- **Teamworks:** *Updates on academic and athletic schedules:* [teamworksapp.com](https://teamworksapp.com)
- **SAGE:** *Schedule appointments with campus academic counselor:* [Sage.uga.edu](https://sage.uga.edu)
- **Web Assign:** *used for CHEM, MATH, and STAT assignments:* [webassign.net](https://webassign.net)

### IMPORTANT RESOURCES:

- **Bus Routes, Transportation and Parking:** *Bus routes and parking information:* [tps.uga.edu](https://tps.uga.edu)
- **Mentor/Tutor Portal:** *Track grades, class attendance, return objectives, and reports:* [portal.sports.uga.edu](https://portal.sports.uga.edu)
- **NCAA:** *Helpful resources for NCAA:* [NCAA.org](https://ncaa.org)
- **The Georgia Way:** *Information on career, leadership and personal developments:* [thegeorgiaway.com](https://thegeorgiaway.com)
- **Sports Nutrition:** *Make appointment with your nutritionist:* [sportsmedicine.sports.uga.edu](https://sportsmedicine.sports.uga.edu)

## USEFUL APPLICATIONS:

- **DUO MOBILE: ArchPass :** *\*\*Required app must be downloaded to access eLC and Athena*
- **Teamworks:** *Scheduling app to communicate with your team and counselors*
- **UGA App:** *Quick access to information about UGA including: bus routes and dining hall hours*

## IMPORTANT SOCIAL MEDIA ACCOUNTS:

- **The University of Georgia**
  - Twitter: @universityofga
  - Instagram: universityofga
- **University of Georgia Athletics**
  - Twitter: @UGAAthletics
  - Instagram: UGAAthletics
- **UGA Compliance**
  - Twitter: @UGACompliance
- **The Georgia Way**
  - Twitter: @TheGeorgiaWay
  - Instagram: TheGeorgiaWay
- **University of Georgia Athletics Academics**
  - Twitter: @RankinSmithACSA
- **UGA Career Center**
  - Twitter: @UGACareerCenter
  - Instagram: UGACareerCenter
- **UGA Health Center**
  - Twitter: @UGAHealthCenter
  - Instagram: UGAHealthCenter
- **University Housing**
  - Twitter: @UGAHousing
  - Instagram: UGAHousing
- **University Dining**
  - Twitter: @UGADining
  - Instagram: UGADining
- **SEC**
  - Twitter: @SEC
  - Instagram: SEC
- **NCAA**
  - Twitter: @NCAA
  - Instagram: NCAA



## UGA SAFE SPACE PROGRAM

The Safe Space program at UGA is a three and a half hour training for faculty, staff, and students who are interested in learning about gender and sexual identity, homophobia, heterosexism, and how they can provide support and work toward being an ally for the LGBT community. Upon completion of the training, participants may be issued a Safe Space sticker for their office space as a visible indicator to visitors that they are LGBTQ affirming.



This list notes individuals within the Athletic Association who have participated in Safe Space training and are Safe Space certified. Over 1,000 individuals are Safe Zone certified across campus that are not listed below. Simply look for their ally decal or visit the following website:

[https://lgbtcenter.uga.edu/content\\_page/safe-space](https://lgbtcenter.uga.edu/content_page/safe-space).

- **Lizz Bernstein – Rankin Smith, 2nd floor (Writing Center)**
- **Josh Brooks – Butts Mehre, 4th floor**
- **Beth Dziedzic – Rankin Smith, 1st floor**
- **Leigh Futch – Rankin Smith, 2nd floor**
- **Courtney Gay – Rankin Smith, 2nd floor**
- **Hunter Hinkle – Stegeman Coliseum Equipment Room**
- **Glada Horvat – Butts Mehre, 4th floor**
- **Ian Horvat – Rankin Smith, 1st floor**
- **Heather Jordan – Rankin Smith, 2nd floor**
- **Rhonda Kilpatrick – Butts Mehre, 4th floor**
- **Anna Randa – Butts Mehre, Athletic Training Rehabilitation Room**
- **Stephanie Ransom – Butts Mehre, 4th floor**
- **Amy Thomas – Butts Mehre, 4th floor**
- **Charlotte Warren – Stegeman Coliseum, 4th floor**

**GOAL SETTING**

| What is your WHY?          |  |
|----------------------------|--|
|                            |  |
| Top Goals for the Semester |  |
| Academic                   |  |
| Athletic                   |  |
| Personal                   |  |

| Possible challenges in pursuit of your goals                    | How will you overcome these challenges? |
|-----------------------------------------------------------------|-----------------------------------------|
| 1.                                                              | 1.                                      |
| 2.                                                              | 2.                                      |
| 3.                                                              | 3.                                      |
| 4.                                                              | 4.                                      |
| 5.                                                              | 5.                                      |
| In regard to academics, what area(s) do you want to improve in? |                                         |
| 1.                                                              |                                         |
| 2.                                                              |                                         |
| 3.                                                              |                                         |
| What are you grateful for?                                      |                                         |
| 1.                                                              |                                         |
| 2.                                                              |                                         |
| 3.                                                              |                                         |
| Self-Talk Script                                                |                                         |
|                                                                 |                                         |

*"If we want to feel an undying passion for our work, if we want to feel we are contributing to something bigger than ourselves, we all need to know our WHY."*

— Simon Sinek





**UGA IS READY TO GO**