



Molloy College Athletics

2011-2012

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A MESSAGE FROM THE DIRECTOR OF ATHLETICS

As a student-athlete at Molloy College you are among an elite group of individuals. You have the opportunity to continue your athletic career beyond high school while representing your institution. By virtue of your status as a student-athlete, you are more readily recognized on campus.

Our sports programs have steadily improved over the last few years and we are positioning ourselves for regional appearances in many of our sports and you are a big part of these successes. In the last three years we have won four East Coast Conference Championships secured five N.C.A.A. Regional bid appearances, won an East Region Championship and made a trip to the women's college world series. Student-athletes at Molloy College are true representatives of model Division II student-athletes.

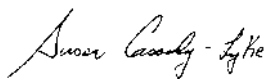
Academics are stressed and you are expected to balance the demands of both your athletic responsibilities and your academic work load. Molloy College student-athletes graduate at the highest rate in the East Coast Conference and continue to have at least 50% record a 3.2 GPA or higher. Along with your presence on campus as a student-athlete, come great responsibilities. We expect you to abide by the rules and regulations of Molloy College, the Department of Athletics, the East Coast Conference and the N.C.A.A. Failure to do so may result in your inability to continue participation in your sport at Molloy College.

We believe participation in athletics will be a wonderful compliment to the excellent academic curriculum here at Molloy College. Community service is a major component of the mission statements of both the College and the Department of Athletics. While participating on our teams you will be expected to partake in several activities geared towards helping and improving the lives of others. This handbook is provided to offer you a glimpse of our expectations of you as a student-athlete. Please read and review this handbook with your parents, peers and coaches.

Your time at Molloy College and your involvement in athletics is to be meaningful. We want to make sure that you have the best and complete student-athlete experience while representing Molloy College. Please feel free to speak with us anytime. We are here for you.

Enjoy the Molloy College experience.

Yours in Sport,



Susan Cassidy-Lyke

Director of Athletics



DEPARTMENT OF ATHLETICS DIRECTORY

Position	Name	Ext.	Email
Director of Athletics/SWA	Susan Cassidy-Lyke	6308	scassidy@molloy.edu
Associate Director of Athletics	Jason Trufant	6339	jtrufant@molloy.edu
Assistant Director of Athletics for Compliance	Michael Grasso	6644	mgrasso@molloy.edu
Assistant Director of Athletics for Sports Medicine	James Zegers	6464	jzegers@molloy.edu
Sports Information Director	Ian Schraier	6479	ischraier@molloy.edu
Assistant Athletic Trainer	Kim Passero	6732	kpassero@molloy.edu
Assistant Athletic Trainer	Eric Ressegger	6649	eressegger@molloy.edu
Recruiting Coordinator	Daniel Longo	6655	dlongo@molloy.edu
Office Coordinator	Shannon Fabian	6308	sfabian@molloy.edu
Faculty Athletic Representative	Dan McGann	6754	dmcgann@molloy.edu

Sports	Head Coach	Ext.	Email
Baseball	Joseph Fucarino	6497	jfucarino@molloy.edu
Men's Basketball	Charles Marquardt	6647	charles.f.marquardt@citigroup.com
Women's Basketball	Tim O'Hagan	6656	tohagan@molloy.edu
Cross Country/Track and Field	Al Kilfoyle	6648	akilfoyle@molloy.edu
Men's Lacrosse	Eric Petruzzo	6650	epetruzzo@molloy.edu
Women's Lacrosse	Tom Campolettano	6901	tcampolettano@molloy.edu
Men's Soccer	Danny Longo	6655	dlongo@molloy.edu
Women's Soccer	Danny Longo	6655	dlongo@molloy.edu
Softball	Susan Cassidy-Lyke	6329	scassidy@molloy.edu
Tennis	Pershod Snuggs	6678	psnuggs@molloy.edu
Volleyball	William Corrao	6679	wcorrao@molloy.edu
Cheerleading	Jennifer Jablonski	6308	jjablonski@molloy.edu
Dance	Patricia Manger	6676	pmanger@molloy.edu
Equestrian	Carole Gerrity	6408	cgerrity@molloy.edu

Molloy College is a Division II member of the National Collegiate Athletic Association and the East Coast Conference. Molloy College participates in 16 intercollegiate sports.

Women's Sports

Basketball
 Cross Country
 Lacrosse
 Soccer
 Softball
 Tennis
 Volleyball
 Indoor Track/Field
 Outdoor Track/Field

Men's Sports

Baseball
 Basketball
 Cross Country
 Lacrosse
 Soccer
 Indoor Track/Field
 Outdoor Track/Field

In addition, the Molloy College Department of Athletics sponsors an Equestrian Team, Dance Team, and a Cheerleading Squad.

MOLLOY COLLEGE MISSION STATEMENT

Molloy College, an independent, Catholic college, rooted in the Dominican tradition of study, spirituality, service, and community, is committed to academic excellence with respect for each person.

Through transformative education, Molloy promotes a lifelong search for truth and the development of ethical leadership.

DEPARTMENT OF ATHLETICS MISSION STATEMENT

The mission of Molloy College's Department of Athletics is to develop the total person through academic progress, a competitive athletic program and a social atmosphere that promotes growth. We believe that student-athletes need to set positive examples for high school athletes and the entire campus community. Student-athletes understand that their behavior needs to reflect favorably on the campus. We expect our student-athletes to be aware of the ills that exist in society and to be morally and socially responsible by reaching out to the community and becoming involved by way of campus ministry events, student government assistance drives or other outreach endeavors.

Molloy College is committed to the recruitment of strong academic students that are prepared to compete at the highest levels athletically. Winning and fair play are important components of the Department of Athletics mission. The Department of Athletics is established on the foundation of developing the whole student-athlete spiritually, mentally and physically. We educate our student-athletes about the dangers of alcohol and drug abuse and provide support services to develop awareness of teen suicide, eating disorders, gambling and other destructive social behaviors.

We provide a support staff that allows our student-athletes the opportunity to achieve their maximum athletic output while maintaining total focus on academic achievement. Molloy College seeks to produce competitive teams for both genders in an environment that is accepting and nurturing. The Department of Athletics promotes teamwork and sportsmanship. It is centered on the belief that the skills garnered in competition and hard work will develop the leaders of our future.

The Department of Athletics responsibly operates its budget both with a focus on gender-equity and improvement of performance. The hiring of qualified staff and the maintenance of the institution's facilities ensures a safe environment for the student-athletes to achieve athletic excellence. The Department of Athletics expects its coaches to understand the traditions of the founders of Molloy College and reflect these values of truth and integrity in their coaching style and competitive spirit.

Molloy College is dedicated to promoting a winning environment and becoming a source of pride for its student-athletes, the campus community, its alumni and the surrounding community.

NCAA DIVISION II STATEMENT OF PHILOSOPHY

In addition to the purpose and fundamental policy of the National Collegiate Athletic Association, as set forth in Constitution I, members of Division II believe that a well-conducted intercollegiate athletics program, based on sound education principles and practices, is a proper part of the educational missions of a university or college and the educational well-being and academic success of the participating student-athlete is of primary concern. (Revised: 1/14/08 effective 8/1/08)

Higher Education has lasting importance on an individual's future success. For this reason, the positioning statement for the division and the emphasis for the student-athlete experience in Division II approach provides growth opportunities academic achievement, learning in high-level athletics competition and development of positive societal attitudes in service to community. The balance and integration of these different areas of learning provide Division II student-athletes a path to graduation while cultivating a variety of skills and knowledge for life ahead.

Members support the following principles in the belief that these objectives assist in defining the division and the possible differences between it and other divisions of the Association. This statement shall serve as a guide for the preparation of legislation by the division and for planning and implementation of programs by institutions and conferences. A member of Division II: (Revised: 1/14/97)

Furthermore, a member of Division II believes in a set of common features, which assist in defining the division. Such features include exceptional teacher-to-student ratios that provide student-athletes with a quality education, a unique model of staffing in which coaches provide additional services such as teaching and mentoring, and the development of community partnerships and student-athlete participation in community engagement activities. A member of Division II also believes in the following principals, which assist in defining the division: (Revised: 1/14/97)

- (a) Believes in promoting the academic success of its student-athletes, measured in part by an institution's student-athletes graduating at least at the same rate as the institution's student body;
- (b) Believes that participation in intercollegiate athletics benefits the educational experience of its student-athletes and the entire campus community;
- (c) Believes in offering opportunities for intercollegiate athletics participation consistent with the institution's mission and philosophy;
- (d) Believes in preparing student-athletes to be good citizens, leaders and contributors in their communities;
- (e) Believes in striving for equitable participation and competitive excellence, encouraging sportsmanship and ethical conduct, enhancing diversity and developing positive societal attitudes in all of its athletic endeavors;
- (f) Believes in scheduling the majority of its athletics competition with other members of Division II, insofar as regional qualification, geographical location and traditional or conference scheduling patterns permit;
- (g) Recognizes the needs to "balance" the role of the athletics program to serve both the campus (participants, student body, faculty-staff) and the general public (community, area, state);
- (h) Believes in offering opportunity for participation in intercollegiate athletics by awarding athletically related financial aid to its student-athletes;
- (i) Believes that institutional control is a fundamental principle that supports the educational mission of a Division II institution and assumes presidential involvement and commitment. All funds supporting athletics should be controlled by the institution. The emphasis for an athletics department should be to operate within an institutionally approved budget and compliance with and self enforcement of NCAA regulations is an expectation of membership; and
- (j) Believes that all members of Division II should commit themselves to this philosophy and to the regulations and programs of Division II.
- (k) That all members of Division II should commit themselves to this philosophy and to the regulations and programs of Division II. (Revised: 1/14/97)

DEPARTMENT OF ATHLETICS PHILOSOPHY

The philosophy of the Department of Athletics is centered on the belief that a strong academic foundation can coexist with an equally strong athletic dimension. Molloy College provides a wide range of educational experiences that are enhanced by the existence of an athletic program that fosters the identical principles of leadership, service, discipline and competitiveness.

Student-athletes entering Molloy College are admitted based on their academic standards first and their athletic ability second. The Department of Athletics holds the student-athletes to a higher academic standard than is currently mandated by the NCAA. Every student-athlete is expected to abide by the academic principles set forth by the institution. The primary goal of the Department of Athletics is the graduation of its student-athletes.

The Department of Athletics administrators are committed to the principles of fair play, adherence to the rules of the NCAA and all governing bodies, the furtherance of gender-equity and the welfare of the student-athlete socially, physically and emotionally. There must be an understanding and acceptance of ethnic diversity and social differences.

The administrators of both the institution and the Department of Athletics have a strong working relationship, which ensures that the responsibilities and goals of the Department of Athletics staff are consistent with the objectives of the institution.

The Director of Athletics is responsible for the hiring of qualified coaches and other department personnel who are committed to observing both the letter and spirit of the rules.



TITLE IX

Molloy College formed a Title IX committee in 2006 to examine all aspects of the Department of Athletics in regards to gender-equity in athletics and to create a plan for compliance with the law. Policies and procedures regarding travel, athletic scholarships, equipment, supplies, recruitment, game scheduling, facilities, publicity, coaches and support are all topics of discussion.

Any questions regarding Title IX or Molloy College's policies should be directed to the Director of Athletics/Senior Woman Administrator or the Director of Human Resources.

Title IX Committee Chair

Susan Cassidy-Lyke-Director of Athletics/SWA/Head Women's Softball Coach

Title IX Committee

Michael Grasso-Assistant Director of Athletics/Compliance Officer

Robert Houlihan-Vice President for Student Affairs

Daniel McGann-Faculty Athletic Representative

Tom Campolettano-Head Women's Lacrosse Coach

Title IX of the Education Amendments of 1972 (20 U.S.C. 1681 et seq.) prohibits discrimination on the basis of sex in education programs receiving Federal financial assistance. Athletics are considered an integral part of an institution's education program and are therefore covered by this law. No individual should be discriminated against on the basis of gender, institutionally or nationally, in intercollegiate athletics.

To clarify the athletic requirements contained in the Title IX regulation, a Policy Interpretation was issued to provide the colleges and universities with more guidance on how to comply with the law. The Policy Interpretation, which explains the standards of regulation, clarifies the obligations of colleges and universities in three basic areas:

- * **Student interests and abilities** -The athletic interests and abilities of male and female students must be equally and effectively accommodated.
- * **Athletic benefits and opportunities** - Institutions need to provide equivalent treatment, services, and benefits to both sexes.
- * **Financial assistance** - The total amount of assistance afforded to men and women competing in intercollegiate athletics needs to be proportionate to the participation rates in athletic programs.

In August 2008, in furtherance of this initiative, Molloy College welcomed Lamar Daniel, Inc. onto its campus to address the compliance status of Molloy College with the athletic provisions of Title IX of the Education Amendments of 1972.

MOLLOY COLLEGE MASCOT

The Department of Athletics teams are nicknamed the Lions. The origin of the lion dates back to the founding of the College. In 1955, when Molloy College opened its doors to her first students, a seal was designed. The seal consists of a black lion between three red trefoils which was taken from the coat of arms of Archbishop Thomas E. Molloy for whom the College was named. The upper compartment of the shield displays the Dominican cross to indicate the heritage of the College. The crest is composed of a book, the symbol of learning, charged with the Alpha and Omega, the first and last letters of the Greek alphabet. The book is adorned with a Marian golden crown. Both the book and crown symbolize the Catholic tradition of the College. The principle partition of the shield displays the blue and silver of the arms of Bavaria, Germany, from where the Amityville Dominican Sisters immigrated to the United States in 1853.

The lion was taken from the seal and evolved into the present mascot.



ACADEMIC REQUIREMENTS

The Molloy College Department of Athletics is committed to the academic success of its student-athletes. Student-athletes are required to register for at least 15 credits per semester. The Compliance Officer will review student-athletes' credit loads to ensure compliance. Coaches will review student-athletes' schedules to identify possible conflicts with academic attendance because of game and practice times. Exceptions to the 15 credit rule will be made for student-athletes in STAP, graduating seniors, and in appropriate situations. Only the Director of Athletics and the Compliance Officer can approve a schedule of less than 15 credits.

Student-athletes will not be permitted to withdraw from a class without approval from the Director of Athletics or the Compliance Officer. Each case will be reviewed individually and a decision will be made after consultation with the student-athlete, the Faculty Athletic Representative, the Head Coach, and the Professor.

The Molloy College Department of Athletics holds its student-athletes to a higher academic standard than the NCAA. Molloy College requires each student-athlete to maintain a cumulative and semester 2.0 GPA and earn twelve credits per semester in order to remain eligible for competition and athletic aid. Student-athletes need to declare a major by their fifth full semester.

Student-athletes who fail to meet the GPA and credit requirements will lose their athletic aid, if applicable. In any event, individuals are afforded the opportunity to regain their full eligibility status in the subsequent academic semester. Student-athletes who lose their athletic aid twice will not have their athletic grant contracts renewed.

ACADEMIC PROBATION POLICY

Offense	Practice	Competition	Financial Aid	Study Hall (weekly)
1	YES	NO	NO*	6 hours
2	NO	NO	NO**	10 hours
3	NO LONGER ELIGIBLE FOR INTERCOLLEGIATE ATHLETICS AT MOLLOY COLLEGE			

Any student-athlete who loses his/her money due to becoming academically ineligible, will only have **one opportunity to regain his/her athletically related financial aid.*

***Any student-athlete who loses his/her money due to becoming academically ineligible on a second occasion, will no longer be eligible for athletically related financial aid.*

Student-athletes seeking to take a course outside of Molloy College must obtain permission on an approval form from the Office of the Registrar. Admissions must verify that the course requested satisfies an equivalency. The student-athlete must obtain approval from the Academic Department Chair of the Department where the course resides, the major advisor and the major chairperson for the student-athlete's curriculum.

Student-athletes who take a course outside of Molloy College can only transfer the credit, not the grade. The student-athlete's academic advisor must verify that the student-athlete is not completing the last 30 credits, the course is appropriate for the student-athlete's program, the course is not offered at Molloy College during the term requested and the student-athlete is not requesting to repeat a Molloy College course at another institution for a better grade.

The Office of the Registrar processes the form and grants transfer credit when the official grade is received by Molloy College.

PRIORITY REGISTRATION

All student-athletes are given the opportunity to register early for courses and sections which will be compatible with their athletic schedule. You are expected to take advantage of the early registration period for this purpose. The athletic department does not have the authorization to open 'closed' courses that have been closed due to enrollment. Your status as a student-athlete does not give you the right to expect special consideration if you do not take advantage of the early registration process. All changes in class schedules and majors must be approved by the athletic administration. Additionally, all student-athletes are required to follow the procedures as defined in the Molloy student handbook. Student-athletes who do not follow these procedures will jeopardize their athletic eligibility.

MID-SEMESTER REPORTS

Mid-semester academic progress reports are issued during the fifth week of the semester. The Department of Athletics generates a printout indicating student-athletes who have received a mid-semester report. The Compliance Officer will review each negative report with the Head Coach, the Faculty Athletic Representative (FAR) and the student-athlete.

The addition of a FAR has provided our student-athletes an added source of academic counseling. The FAR, with assistance from the Compliance Officer, will recommend the appropriate course of action.

CLASS ATTENDANCE

At no time are student-athletes permitted to miss class for practices. In the non-championship segment, student-athletes are not permitted to miss class for practices or games. Student-athletes should discuss, with their academic advisors, the need to prepare a class schedule that will reduce the number of absences due to games or travel. If a student-athlete is to miss more than three classes, an alternate class should be selected. In all cases, academic progress toward degree must be foremost when deciding class schedules.

At the start of each semester the Department of Athletics prepares individual team letters for professors indicating the dates and departure times for away contests. Home contests are not listed. The letter serves to indicate our commitment to the student-athletes and our availability in the event an issue arises with attendance or class performance. Head coaches are to ensure that student-athletes do not inappropriately leave early from class for home contests. The proximity of the venues will be considered when determining early dismissal. Student-athletes are required to submit these letters to the professors upon attendance at their first class meeting. Professors who foresee a problem are encouraged to discuss this immediately with the student-athlete and the Director of Athletics or the Compliance Officer so the most appropriate academic decision can be made for the student-athlete.

PHYSICAL EDUCATION REQUIREMENT

Student-athletes who have participated on an intercollegiate team at Molloy College for at least three years may have their physical education requirement waived. **The student-athlete will not receive the one credit.** Elementary Education Majors are **still required** to take PED 125. Please contact the Department of Athletics to obtain the required waiver form.

ACADEMIC SUPPORT SERVICES

The student-athletes are offered the benefits of the Academic Support Services available on campus to assist in academic skill development, writing skills improvement and other necessary accommodations such as individual tutoring.

Academic Computer Lab

The Academic Computer Lab is located in the Wilbur Arts Building, Room 205.

Hours

8:00am - 10pm Monday-Thursday

8:00am – 8pm Friday

10am - 5pm Saturday-Sunday

Academic Enrichment Program (AcE)

The Academic Enrichment Program (AcE), located in Room C019 in the Casey Building, assists students in achieving their academic potential in Math, Science, and Modern Languages. AcE tutors are referred to as “coaches” and assist students referred to as “clients” in two areas:

- **Remedial**-students failing a course or below “C” in a major field
- **Supplemental**-students passing a course but in need of reinforcement or clarification in particular aspects of the course work

Writing Resource Center

The Writing Resource Center, located in Room C016 in the Casey Building, supports the development of writing skills for undergraduate and graduate students.

Hours

8:30am-8pm Monday-Thursday

8:30am-6pm Friday

9am-1pm Saturday (Graduate Students Only)

PROFESSIONAL COACHING CERTIFICATE

The New York State Education Department requires individuals interested in coaching a sport in any New York State Public School to obtain a Professional Coaching Certificate. Requirements are listed below and vary depending on whether you are a Physical Education Teacher, other Certified Teacher, or non-teacher.

Physical Education Teachers

- New York State provisional or permanent certificate to teach Physical Education.
- First Aid for coaches and CPR with AED.

Certified Teachers

- New York State provisional or permanent teaching certificate.
- First Aid for coaches and CPR with AED.
- PED 210 – Philosophy, Principles, and Organization of Athletics for School and Community.
- PED 212 – Coaching the Coach.
- PED 214 – Coaching Techniques.
- PED 216 – Care and Prevention of Athletic Injuries.

Non-Teacher

- Non-teachers will only be considered for coaching positions if there are no certified teachers available with appropriate experience and qualifications for the desired sport.
- First Aid for coaches and CPR with AED.
- All above PED class work listed under certified teachers.
- Three workshops including Principles of Chemical Dependency, Training in the Identification and Reporting of Child Abuse and Neglect, and School Violence Prevention and Intervention.

All PED classes are offered through Molloy College's Physical Education Department.

All workshops, CPR/AED certifications, and fingerprinting (required to work in any public school in New York State) are offered through Molloy College's Department of Continuing Education and Professional Development. Schedules are available on-line at <http://www.molloy.edu/ce/index.asp> under Careers/Prof Development, or by calling the Continuing Education Office at (516) 678-5000, ext 6206/6875.

First Aid certifications can be obtained through the American Red Cross. For more information, please visit <http://www.redcross.org/SERVICES/HSS/courses/>.

Upon completion of the above requirements, a request for a Professional Coaching Certificate will be filed to the New York State Department of Education through Molloy College's Physical Education Department Chairperson, Donna Newman, M.S. For more information regarding the Professional Coaching Certificate please refer to the following websites:

[Emsc.nysed.gov/ciai/pe/pub/app.html](http://emsc.nysed.gov/ciai/pe/pub/app.html)

[Highered.nysed.gov/tcert/certificate/coachinglic.html](http://highered.nysed.gov/tcert/certificate/coachinglic.html)

STUDY HALL POLICIES

All student-athletes who fail to achieve a **2.5 semester GPA, a 2.5 cumulative GPA and pass 12 credits per semester** will be required to attend four hours of tutoring or study hall per week. Additionally, **all** first-time student-athletes at Molloy College (including freshman, transfers and walk ons) will be required to attend three hours of study hall sessions during his/her first semester at Molloy **and subsequent semesters until they achieve the designated 2.5 semester and cumulative GPA and pass 12 credits a semester**. All hours must be completed in monitored sessions. Laptops will be available for use in each session.

REQUIREMENTS:

1. Student-athletes are required to bring class materials to all study hall sessions (including the make-up session). Hours will not be counted for student-athletes who attend study hall sessions without class materials.
2. All student-athletes must be on time for the make-up session, regardless of the number of hours that he/she must serve for the week. The session will begin promptly at 9am. Student-athletes will be dismissed individually as his/her hours are completed.
3. **Student-athletes will receive a study hall folder at the Study Hall meeting in the beginning of the semester. It is their responsibility to bring this folder to every study hall session with the following contents: Study hall calendar, study hall policies, and their weekly time sheet to track their hours.**

PROCEDURES:

1. G.P.A's will be reviewed by the Molloy College Department of Athletics to determine which returning student-athletes are required to attend study hall sessions.
2. Study Hall sessions will begin during the second week of the semester.
3. In the event that a student-athlete does not complete his/her established amount of hours during the week, he/she will be required to attend a mandatory make-up session on the subsequent Friday at 9am. **(If the student-athlete has already attended their one (1) make-up session than a one (1) contest suspension will be immediately assessed.)** Study Hall begins at 9am regardless of the number of hours that need to be completed. **Tardiness to the mandatory make-up session will be considered missed study hall hours and will result in an immediate one (1) contest suspension. Student-athletes who are completing their make-up hours will not be admitted after 9am.**
4. Make-up sessions are **MANDATORY**. Student-athletes will only be allowed one make-up session per semester. After attending one allowed make-up session, subsequent hours that are not completed will result in an immediate automatic one (1) contest suspension. After three (3) contest suspensions the student-athlete will be dismissed from their respective team and no longer be a part of the Molloy College Athletic Department in any facet. If a student-athlete misses their make-up session, he/she will be required to serve an immediate suspension (minimum one (1) contest.)

FACULTY ATHLETIC REPRESENTATIVE

The duties of the FAR fall into three major areas of responsibilities:

1. ACADEMIC INTEGRITY
 - a. The FAR will periodically review institutional records to ensure that the institutional decisions related to admissions, academic advising, academic standards and performance, academic support services, etc. are consistent with the mission of Molloy College.
 - b. The FAR will serve as a liaison between the Department of Athletics and the faculty of Molloy College.
2. INSTITUTIONAL CONTROL
 - a. The FAR will be involved in the NCAA rules education program for coaches, student-athletes, booster, alumni and campus offices that work directly with student-athletes (i.e. admissions, financial aid and registrar).
 - b. The FAR will be involved in the investigation of all alleged or suspected rules violations according to Molloy College policy. The FAR will have access to all infraction reports before they are submitted to the NCAA.
 - c. The FAR will attend the annual NCAA convention and will act as a voting delegate, when appropriate.
 - d. The FAR will report to the Faculty if requested.
 - e. The FAR will serve on search committees for athletic personnel.
 - f. The FAR will attend rules education seminars and Faculty Athletic Representative Association meetings at the discretion of the President.
 - g. The FAR will work with the Registrar to ensure appropriate eligibility review by Molloy College personnel who are not members of the Department of Athletics.
3. STUDENT-ATHLETE EXPERIENCE
 - a. The FAR will meet with all student-athletes and inform them of the FAR role as an independent source of counsel, assistance and information.
 - b. The FAR will promote balance between academics, athletics and the social lives of student-athletes by periodic reviews of travel logs, competition and practice schedules, and cancellations or reductions of athletic scholarships.
 - c. The FAR will encourage student-athletes to become involved in athletic and college boards and committees.
 - d. The FAR will work with the Department of Athletics in nominating student-athletes for special academic awards, scholarships and grants.



ATHLETICS ADVISORY BOARD

1. To ensure that mechanisms are in place and being enforced regarding institutional control and academic integrity.
2. Assist the (FAR) Faculty Athletic Representative and Athletic Director with any institutional inquiries into alleged or suspected Level One NCAA rules violations as defined by the NCAA.
3. Promote an understanding of intercollegiate athletics among faculty and others in the campus community.
4. Review reports regarding academic progress, retention and graduation rates of all student-athletes.
5. To ensure that academic standards are equal to or exceed both NCAA and conference minimums.
6. Review the coaches academic plan to ensure that the academic standards of the College are maintained by all student-athletes.
7. Ensure that instances of student athlete misconduct are handled in a manner consistent with institutional standards and those outlined in the Student-athlete Handbook.
8. Review the limits on the number of athletic contests and practices permitted in all sports, in relation to NCAA and conference limitations, (Division II Life in the Balance). The Board may recommend and or suggest alternatives if the athletic schedule adversely affects the academic performance of the student-athletes.
9. Review and recommend a policy regarding student-athlete absences due to athletic contests.
10. As appropriate, provide members to serve on search committees for any athletic position.

Membership

The Athletics Advisory Board is appointed by the President of Molloy College and is composed of the following individuals;

NCAA Faculty Athletic Representative (Chair)

Two (2) full-time faculty members

Two (2) students-athletes -one male student-athlete and one female student-athlete; when possible the student-athletes will be volunteers from the SAAC executive board or SAAC members.

Assistant Director of Athletics for Compliance

Vice President for Student Affairs

Director of Athletics



ATHLETIC COMPLIANCE COMMITTEE

1. To advise the Director of Athletics and the Compliance Officer on matters related to the welfare of student-athletes and athletics-related issues;
2. To represent the college as the initial point of contact for the NCAA regarding institutional violations;
3. To resolve student-athletes' problems regarding financial aid, eligibility, admissions, graduation, academic issues, and student services;
4. To meet with the Director of Athletics and Compliance Officer as needed or at least once per semester to discuss student-athletes and NCAA activities;
5. To assist the Director of Athletics and the Compliance Officer with developing new policies and procedures regarding student-athletes and the Department of Athletics;
6. To serve as an impartial Board that functions as the first step in hearing matters that are internal to the Athletics Department concerning issues that involve coaches, athletics staff, or student-athletes.

MEMBERSHIP

Faculty Athletic Representative
Director of Athletics
VP of Student Affairs
Associate Director of Athletics
Assistant Director of Athletics for Compliance
Head Athletic Trainer, as needed
Financial Aid
Admissions
Registrar

GRIEVANCE PROCEDURES

In the event a situation arises out of the relationship of a student-athlete and his or her coach, the student-athlete has the option to informally or formally present the problem to the Director of Athletics or a member of the athletic staff, including the Faculty Athletic Representative. They should make every effort to resolve the matter through informal consultation to the Director of Athletics to reach an acceptable solution. If they elect to proceed formally they may file the complaint in writing to the Director of Athletics. The Director of Athletics will arrange a meeting with the student-athlete within two(2) business days of receipt of the letter to resolve the issue. The Department of Athletics is available to assist the student-athletes with issues outside of athletics, as well. They will work to resolve the issue and will direct the student-athlete to the appropriate party in situations outside of their expertise.

DEFINING COUNTABLE ATHLETICALLY RELATED ACTIVITIES

What are the daily and weekly time limitations on countable athletically related activities?

Student-athletes may not participate in countable athletically related activities for more than:

In-Season

- * Four hours per day
- * 20 hours per week

Out-of-Season (during the academic year)

- * Eight hours per week

The daily and weekly hour limitations **DO NOT** apply to the following time periods:

- * During preseason practice prior to the first day of classes or the first scheduled contest, whichever is earlier.
- * During an institution's official vacation period (e.g., Thanksgiving, spring break), as listed in the institution's official calendar, and during the academic year between terms when classes are not in session.

Are student-athletes required to have a day off from countable athletically related activities?

During the academic year, student-athletes shall not engage in any countable athletically related activities on one day per week during the playing season and two days per week outside the playing season. The required day(s) off may occur on any day of the week and may change from week to week. A week is defined as any seven consecutive days, determined at the institution's discretion.

Below are partial lists of common activities that count and do not count against daily and weekly time limits:

Countable Athletically Related-Activities	Noncountable Athletically Related Activities
Practices (not more than four hours per day.)	Compliance meetings.
Athletics meetings with a coach initiated or required by a coach (e.g., end of season individual meetings.)	Meetings with a coach initiated by the student-athlete (as long as no countable activities occur.)
Competition (and associated activities, regardless of their length, count as three hours.) Note: No countable athletically related activities may occur after the competition.	Drug/alcohol educational meetings.
Field, floor or on-court activity.	Study hall, tutoring or academic meetings.
Setting up offensive and defensive alignments.	Student-Athlete Advisory Committee/ captain's council meetings.
On-court or on-field activities called by any member of the team and confined primarily to members of that team.	Voluntary weight training not conducted by a coach or staff member
Required weight-training and conditioning activities.	Voluntary sport-related activities (e.g., initiated by student-athlete, no attendance taken, no coach present.)
Required participation in camps/clinics.	Traveling to and from the site of competition (as long as no countable activities occur.)
Visiting the competition site in the sports of cross country, golf and skiing.	Training room activities (e.g., treatment, taping) rehabilitation activities and medical examinations.)
Participation outside the regular season in individual skill-related instructional activities with a member of the coaching staff.	Recruiting activities (e.g., student host.)
Discussion or review of game films.	Training table meals.
Participation in a physical activity class for student-athletes only and taught by a member of the athletics staff (e.g., coach.)	Attending banquets (e.g., awards or post-season banquets.)
	Community engagement activities, fundraising activities, public relations/promotional activities and community service projects.

* Student-athletes may not miss class to attend practice except when a team is traveling to any away-from-home contest, and the practice is in conjunction with the contest.

- * Practice may not be conducted at any time (including vacation periods) following competition except between contests, rounds or events during a multiday or multi-event competition (e.g., double headers in softball or baseball, rounds of golf in a multiday tournament.)
- * There may be additional rules applicable only to certain sports. Contact the Compliance Officer for answers to questions or for additional information.

Participation in Countable Athletically Related Activities Out of the Season

What is the difference between in-season and out-of-season?

In-Season (20 Hours)

- * Time between the team’s first officially recognized practice session and the last practice session or competition, whichever occurs later.
- * Sports other than football and basketball may have their seasons separated into two distinct segments: championship segment and non-championship segment.
- * During the in-season period (i.e., championship and non-championship segments), a student-athlete may participate in a maximum of 20 hours per week of countable athletically related activities.

Out-of-Season (Eight Hours)

- * The remaining days during the academic year not included in the in-season period.
- * A student-athlete may participate in a maximum of eight hours per week of countable athletically related activities and may not participate in any countable athletically related activities on two days per week during the out-of-season period.
- * In Molloy College sponsored sports, participation in up to two hours of required or voluntary individual skill instruction or full team practice.

Outside the playing season (during the academic year), student-athletes are limited to not more than eight hours per week of certain countable athletically related activities. Those activities are shown below:

Permissible Countable Athletically Related Activities During the Out-of-Season Period.	Non-permissible Activities During the Out-of-Season Period
Required weight training and conditioning activities supervised by a Department of Athletics staff member. (See NCAA Bylaws 17.1.5.2)	Conditioning drills may not simulate offensive or defensive alignments.
Molloy College sponsored sports - participation in up to two hours per week of full team skill related instruction.	No equipment related to the sport may be used during conditioning activities.
Any voluntary athletically related activity in which the student-athlete chooses to participate (does not count in the eight hours) (e.g., initiated by student-athlete, no attendance taken, and no coach present.)	
Participation in a physical fitness class conducted by a member of the Department of Athletics staff.	

NOTE: Student-athletes may be involved in any non-countable athletically related activity during the off-season period (e.g., workouts using the safety exception, voluntary workouts, other non-countable activities permitted during the in-season period.)

VOLUNTARY ACTIVITIES AND THE SAFETY EXCEPTION

WHAT IS A VOLUNTARY ACTIVITY?

To be considered a voluntary activity, all the following conditions must be met:

- The student-athlete must not be required to report back to a coach or other Department of Athletics staff member (e.g., strength coach, trainer, manager) any information related to the activity. In addition, non-coaching Department of Athletics staff members who observe the activity (e.g., strength coach, trainer, manager) may not report back to the student-athlete's coach any information related to the activity; **[NOTE: Coaches may not observe voluntary activities.]**
- The activity must be initiated and requested solely by the student-athlete. Neither the institution nor any Department of Athletics staff member may require the student-athlete to participate in the activity at any time;
- The student-athlete's attendance and participation in the activity (or lack thereof) may not be recorded for the purposes of reporting such information to coaching staff members or other student-athletes; and
- The student-athlete may not be subjected to penalty if he or she elects not to participate in the activity.

EXTRA BENEFITS & PREFERENTIAL TREATMENT

As defined by the NCAA, an **"extra benefit"** is any special arrangement by an institutional employee or representative of athletics interests to provide a student-athlete (or relative or friend of the student-athlete) a benefit not expressly authorized by NCAA legislation. Receipt of such a benefit is not considered a violation if that same benefit is generally available to the College's students or their relatives and/or friends or to a particular segment of the student body determined on a basis unrelated to athletics ability.

"Preferential treatment" is recognition, benefits or services provided based on the individual's athletics reputation, skill or pay-back potential as a professional athlete.

In consideration of these definitions, please recognize the following:

- A student-athlete cannot accept anything from a Molloy College employee or booster, unless approved and authorized through the Department of Athletics.
- A student-athlete cannot accept free or reduced cost room and/or board from a Molloy College employee or booster.
- A student-athlete cannot eat at a restaurant as the guest of a booster or a Molloy College employee.
- A student-athlete cannot accept free or reduced merchandise or services from any merchant unless that free or reduced cost item is also available to the general public.
- A student-athlete cannot accept a special discount, payment arrangement or credit on a purchase or service from a Molloy College employee or booster.
- A student-athlete may be provided reasonable and occasional local transportation (within 30 miles) from a Molloy College employee. Such transportation must be first approved by the Compliance Officer.
- A student-athlete may accept, on an infrequent occasion, an invitation to the home of a Molloy College employee or booster for a meal. Such an event must first be approved by the Compliance Officer.
- A student-athlete cannot accept a loan of money, guarantee of bond, use of an automobile, or the signing or co-signing of a note to arrange a loan from a Molloy College employee or booster.
- A student-athlete cannot use an Athletics Department computer, copy machine or fax machine, or make long distance telephone calls using a departmental telephone or booster telephone at their home or place of business.
- A student-athlete may not have his/her papers and/or reports typed by a booster.

BEST PRACTICES TO FOLLOW WHEN HOSTING A RECRUIT ON YOUR CAMPUS...

The National Student-Athlete Advisory Committee has provided some ideas for Student-Athlete Advisory Committee (SAAC) members and all other student-athletes, who are looking for a little assistance when faced with the honor and challenge of hosting a prospective student-athlete during the recruiting process.

Should you have any ideas to add to the list- please let us know! We would absolutely love to see this grow and continue to help others out there who are new (or established) in the recruit hosting process! You may contact your SAAC Advisor (Jason Trufant – Associate Director of Athletics) and that information will be added. Thanks for your input and we hope this list is helpful to you!

A FEW RULES TO REMEMBER:

- You must be enrolled as a full-time student and you must be eligible to practice with the team in order to serve as a student host.
- Only the student host is permitted to be provided money (maximum of \$30 per day) with which to entertain the prospect(s), the prospect's parents or spouse, and the student host. It is permissible for other student-athletes and/or students to assist with hosting the prospect, but they must pay for their own entertainment.
- NEVER give entertainment money directly to the prospect, the prospect's parents, or spouse. In addition, you may never purchase any gift of value with this money (e.g., bookstore items).

A FEW THINGS YOU MIGHT DO:

- Take the prospect with you to class on campus. [Note: Alert professors ahead of time that there will be guests in their classroom.]
- Introduce the prospect to faculty and/or staff within the degree program (major) of their choice. Encourage the prospect to ask questions about the program and bring their high school transcript and test scores for evaluation of their potential placement in the program during the meeting.
- Take the prospect on a tour of the campus. When touring campus, be sure to include the places that student-athletes spend most of their time so they can get a feel for what their daily life will be like should they choose your school.
- Set aside time for the prospect to meet with members of your team to ask questions [Note: This may be a formal question and answer meeting or could take place during a social excursion.]
- Introduce the prospect to athletic administrators so they know who is working on their behalf in the Department of Athletics.
- Set up a meeting with the Compliance Officer to discuss the next steps as an incoming student-athlete.
- Find out the calendar of campus events (festivals, movies, comedy nights, dance shows, game shows, etc.) from your Office of Student Affairs and plan an outing to one of those events with the prospect and your teammates.
- Attend any one (or several if there is time) of the campus athletics events with the prospect and your teammates. Let the prospect know how you support your athletic teams.
- Find out what cultural opportunities are unique to your city and campus (you may ask your coach, SAAC Advisor, Compliance Officer, Admissions Office, local newspaper, etc.) and take the prospect to one of those events or places (beach, New York City, movies, shopping.)
- Have a team dinner at a teammate's home.
- Play board games.
- Most importantly: Be honest when it comes to your team, your school, and what they are really like.

EMPLOYMENT RULES FOR STUDENT-ATHLETES

The purpose of this form is to inform all parties involved of the employment rules and regulations for student-athletes employment during the academic year.

A student-athlete may earn up to the value of a full athletic scholarship, plus money through employment during the academic year, provided:

- The rate of pay must be the normal rate for duties performed
- The hours paid must be the hours worked
- Payment in advance of hours worked is not permitted
- Transportation to work may be provided only if the transportation is available to other non-athlete employees in similar positions.
- Summer and vacation period employment do not count in the student-athlete's limit on financial aid.
- The college is permitted to arrange employment for prospective student-athletes during the summer prior to their enrollment as freshmen (provided they have signed a National Letter of Intent.)

EAST COAST CONFERENCE INTRA-CONFERENCE TRANSFER POLICY

A student-athlete who has been included on a squad list of a member institution and transfers to a second member institution shall not be eligible for intercollegiate competition at the second member institution in the same sport until that student-athlete has fulfilled a residence requirement of one full academic year, as defined by NCAA Regulations, at the second member institution. The student-athlete may receive athletically related aid and practice at the second institution if otherwise eligible for financial aid and practice.

Automatic waivers to this policy are:

1. This shall apply only to the transfer of student-athletes in sports that the conference sponsors.
2. This shall not apply to the transfer of student-athletes from an institution that discontinues a conference sport.
3. This shall not apply to the transfer of student-athletes from an institution that discontinues the student-athlete's declared major, as verified by official transcript and note from registrar's office.
4. This shall not apply to an athletic scholarship student-athlete who transfers to compete in a different conference sport. If the student-athlete upon transferring wishes to participate in the original sport, than s/he must serve a year in residence at the second member institution.
5. This shall not apply to the transfer of a student-athlete that was not recruited by the original institution or a student-athlete that does not receive athletically related financial aid at the original institution.
6. This shall not apply to a student-athlete whose athletically-related financial was not renewed by the original institutions, unless the non-renewal was for disciplinary reasons.
7. This shall not apply to a student who has graduated from the original institution and wishes to go to another conference institution to pursue their graduate degree.

The ECC Ethics and Eligibility Committee shall have the authority to grant waivers from this policy for extraordinary circumstances (e.g., death of parent/spouse, exceptional health needs).

If the original institution chooses to release the student-athlete to transfer to an ECC member, this release cannot be restricted to specific member schools. The original school must complete a Conference Release Form and submit it to the ECC office. In all cases, if a student-athlete is granted a waiver or meets an automatic waiver criterion, s/he must also meet all applicable NCAA eligibility requirements to be eligible to compete.

Effective date: All student-athletes enrolled after August 1, 2011

ANTI-HAZING POLICY

Molloy College has a very strong policy regarding hazing. Hazing will not be permitted in any form **on or off campus**. Hazing among team members is not acceptable and any acts deemed to be a form of hazing will be brought to the attention of the Director of Athletics. At no time should student-athletes be intentionally forced to engage in acts that result in self humiliation. Whether or not student-athletes refuse to engage in the specific acts, is not important. They may feel intimidated or afraid to refuse for fear of non-acceptance. Such acts will be viewed as unacceptable and may result in indefinite suspension from athletic programs.

You should be cognizant of simple acts that may be construed as hazing. Examples include situations that intentionally set apart one group of team members from another.

The following excerpt is taken directly from the Molloy College Student Handbook:

“In 1969, pursuant to Section 6450 of the Education Law, the Board of Trustees adopted and promulgated rules and regulations governing public order on campus and other College property of Molloy College. The New York State Legislature in 1980 adopted an amendment to Section 6450 to prohibit dangerous activity conducted for the purpose of initiation into or affiliation with any campus club or organization. In recognition of that amendment, the Board of Trustees adopts the following rule and regulation (to be called the Anti-Hazing Rule). All clubs, teams and organizations must abide by the following Anti-Hazing Rule:

1. No student, faculty or staff member, club, team, publication, visitor, licensee, invitee or group organization of such persons on the campus of Molloy College at Rockville Centre, New York, or while at a college function or while acting as a representative of the college, shall engage in any action or situation which, among other things, recklessly or intentionally endangers mental or physical health or involves the enforced consumption of liquor or drugs for the purpose of initiation of entering into an affiliation of any group or organization.
2. It shall be a condition of any College approval, or the continuation of approval for the operation of any group or organization on the campus that the Anti-Hazing Rule shall be deemed included in the Charter and By-Laws of all groups or organizations now, or hereafter, operating on the campus. A statement acknowledging the inclusion of such prohibited conduct in its Charter and By-laws shall be filed with the Office of Student Affairs by all groups or organizations operating on the Campus. With respect to presently approved organizations operating on the Campus, such a statement shall be filed within 30 days of the first publication of the Anti-Hazing Rule in the Molloy College FORUM newspaper, and thereafter within the 30 days of commencement of each academic year.

A failure to comply with the filing of such statement shall result in the denial of College approval and the right to operate on the campus of such group or organization or the rescissions of any prior approval and right to operate on the campus, as the case may be.

3. The Anti-Hazing rule shall be included in Faculty, Staff, and Student Handbooks. In addition to any penalty prescribed by the New York Penal Law, the penalty for violation of the Anti-Hazing Rule shall be as follows:
 - For individual students, faculty or staff members, violation may result in suspension, expulsion or other disciplinary action.
 - For visitors, licensees or invitees, violations will result in ejection from the campus.
 - For any group or organization, the violation will result in the rescission of any previously issued permission to operate on the Campus or the refusal of permission to operate on the Campus as the case may be.
 - The disciplinary procedures leading to the penalty for violation of this Anti-Hazing shall be those contained in the Due Process Procedure for the Student Discipline in Non-Academic Areas’.”

MOLLOY COLLEGE STUDENT-ATHLETE SOCIAL NETWORKING WEBSITE POLICY

Social networks have grown in popularity within the past few years and are used by millions of students, fans, alumni, faculty, businesses, and the media. While social networking websites are a great way to communicate, express yourself and connect with others, it is advised that you are cautious about the information and pictures you post (or others post about you), as they may adversely affect your personal safety, personal and institutional reputation, and career advancement. The Molloy College Department of Athletics expects all student-athletes to maintain the highest standards of social and personal conduct.

Molloy supports your First Amendment right to free speech, however please be mindful of the material posted to social networking sites since you are a representative of the College and are in the public eye.

While participating in social networking sites, please keep the following guidelines in mind:

- The information posted can be viewed by a larger audience than you might be aware of even if you limit access to your site.
- Exercise caution as to what information you post on your website including posts about your whereabouts, plans, where you live, phone numbers or any other personal information. You could be opening yourself up to predators, stalkers and unwanted sexual advances. In addition, many people are looking to take advantage of student-athletes, while others seek connections with student-athletes to give them a sense of membership in the team.
- There is a growing trend for employers to check Google and social networks to gather information about potential candidates. The online persona you create today may be available when you begin your internship or full-time job search or when you apply to professional or graduate school-even if you think you've deleted it. Carefully consider how you want people to perceive you before you give them the chance to misinterpret you.

Student-athletes are highly visible representatives of Molloy College and are expected to uphold the values and responsibilities of the College while meeting all requirements set forth by the NCAA, ECC, Molloy College and the Department of Athletics. The Molloy College Department of Athletics prohibits malicious and reckless behavior when utilizing public media outlets. It is important that student-athletes recognize the power of public media domains and the potentially negative image that they can portray about student-athletes, coaches, the athletics program and the College.

Any inappropriate activity or language, including first time offenses, is subject to investigation and possible sanction by the Department of Athletics.

Sanctions imposed by the Director of Athletics may include, but are not limited to, the following:

- Written notification from the Director of Athletics or designee to the student-athlete outlining the policy and requiring the unacceptable content is removed.
- Temporary suspension from the team for a prescribed period.
- Indefinite suspension from the team.
- Dismissal from the team.
- Non-renewal of athletic grant-in-aid.

DUE PROCESS

Each student-athlete will be given oral notice of the alleged violation (s), will be permitted to an informal hearing before the Director of Athletics and given an opportunity to present a defense. Requests for such a hearing must be made in writing and received by the Director of Athletics within forty-eight (48) hours of notification of the alleged violation. Student-athletes may be withheld from competition during the appeals process if deemed appropriate by the Director of Athletics or designee.

UNETHICAL CONDUCT

The NCAA and Molloy College have strict policies in regards to the ethical conduct of its members, including its student-athletes. Membership on one of our teams means accepting the responsibility of representing Molloy College in a positive manner. Any improper behavior may create a negative impression of the student-athlete, the team, the Department of Athletics and Molloy College and may result in disciplinary action and possible dismissal from the team.

Individuals employed by (or associated with) a member institution to administer, conduct or coach intercollegiate athletics and all participating student-athletes shall act with honesty and sportsmanship at all times so that intercollegiate athletics as a whole, their institutions and they, as individuals, shall represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports.

UNETHICAL BEHAVIOR

Unethical behavior by a prospective or enrolled student-athlete or a current or former institutional staff member may include, but is not limited to, the following:

- Failure to provide information related to an N.C.A.A. rules violation, when requested by an institutional staff member of Molloy College
- Knowingly providing false or misleading information when requested by an institutional staff member in relation to an N.C.A.A. investigation
- Knowingly becoming involved in fraudulent academic matters either for oneself or another
- Knowingly receiving an unauthorized benefit, improper inducement or extra financial aid
- Failure to report known improper actions regarding N.C.A.A. regulations by an institutional staff member or student-athlete

SPORTS WAGERING

Student-athletes and coaches shall not knowingly participate in sports wagering activities or provide information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics competition. Sports wagering includes placing, accepting or soliciting a wager (on a staff members or student-athlete's own behalf or on behalf of others) of any type with any individual or organization on any intercollegiate, amateur or professional team or contest.

Examples of sports wagering include, but are not limited to, the use of a bookmaker or parlay card; internet sports wagering; auctions in which bids are placed on teams, individuals or contests; and pools or fantasy leagues in which an entry fee is required and there is an opportunity to win a prize.

KNOWLEDGE OF USE OF BANNED SUBSTANCES

A member institution's athletics department staff members or others employed by the intercollegiate athletics program that have knowledge of a student-athlete's use at any time of a substance on the list of banned drugs, as set forth in NCAA Division II Bylaw 31.2.3.4 shall follow institutional procedures dealing with drug abuse or shall be subject to disciplinary or corrective action.

FINANCIAL AID

Financial aid is administered by Molloy College for all students, including student-athletes. All decisions regarding how much financial aid each student-athlete will receive is made by the Financial Aid Office. The Department of Athletics will decide on athletic scholarship awards only.

Student-athletes must file a Free Application for Federal Student Aid (FAFSA) each year to receive any financial aid. This form can be completed by hard copy or online at www.fafsa.ed.gov. In order for a student-athlete to be guaranteed to receive any athletic grant money or other scholarships, they must file their FAFSA by May 1st. Those student-athletes who do not complete their FAFSA by the May 1st deadline may forfeit any athletically related financial aid that they would be receiving for that year.

Head coaches recommend to the Director of Athletics how much athletic aid each student-athlete is to receive based on athletic ability. The Department of Athletics is not fully funded so the majority of student-athletes receive a combination of aid. Athletic scholarships are for one year only and must be renewed annually. Renewals will be distributed prior to July 1st of each year. Athletic Scholarships will not be renewed if the student-athlete renders himself or herself ineligible, voluntarily removes themselves from the team, are dismissed for disciplinary reasons or does not comply with team rules, attend practice sessions and competitions.

Student-athletes are required to maintain a semester and cumulative grade point average of at least 2.0 and earn at least 12 credits per semester to retain their athletic scholarship. This funding will be removed the semester following a breach of this policy. It will be renewed **one time only** if the student-athlete achieves the desired semester and cumulative grade point average and credit expectations.

The Office of Financial Aid will notify student-athletes, in writing, of the decision to remove athletic aid. Student-athletes will be given thirty (30) days to notify, in writing, the Office of Financial Aid, of their decision to appeal.

If an appeal is requested, the institution shall conduct the hearing within 14 calendar days of receiving a student-athlete's written request for the hearing. The student-athlete will appear before the institution's regular financial aid authority.



MOLLOY COLLEGE DEPARTMENT OF ATHLETICS DRUG & ALCOHOL POLICY

Participation in sports activities at Molloy College is a privilege. Student-athletes understand they must conform to a code of conduct since they are representatives of Molloy College. The Department of Athletics does not condone the illegal or irresponsible use of alcohol or drugs. Student-athletes are reminded that the legal drinking age in New York State is 21 years of age. [All student-athletes **regardless of age** are required to abide by the rules and regulations of Molloy College and the Department of Athletics.]

Student-athletes are prohibited from the consumption or distribution of alcoholic beverages or illicit drugs on campus or, in connection with any team function on or off the campus or while in attendance at any home or away contest in which Molloy College is a participant, regardless of age. **In addition, student-athletes residing in housing off campus must refrain from engaging in activities that will negatively affect themselves or Molloy College. If the Department of Athletics becomes aware of an incident in off-campus housing, where student-athletes were served alcohol or were present when alcohol was consumed, the student-athlete will be in violation of this policy, regardless of age. Student-athletes are representatives of Molloy College at all times. If the Department of Athletics becomes aware of incidents requiring a police response due to alcohol/drugs, and involving student-athletes of Molloy College, this policy will be in effect.**

- **Off-campus housing is housing in which student-athletes reside other than their permanent residence.**

For purposes of this procedure, a team function includes, but is not limited to the following:

- Representing Molloy College in an intercollegiate athletic event, including travel to and from the event as well as in hotels and restaurants.
- At any time in public while representing the team or Molloy College (fund raising events, golf outing, recruiting activities, alumni games, community service, camps, etc.)

We have provided a **non-inclusive list** of prohibited acts, and the level that they would constitute. Depending on the severity of the particular violation, it will be categorized as a Level I, II or III violation. All alcohol and substance abuse violations are cumulative and carry over from year to year throughout your time at Molloy College. Penalties imposed by the Department of Athletics are separate and in addition to any sanctions imposed by the Vice President for Student Affairs. *Student-athletes, who fail to abide by the mandated penalties imposed by the Director of Athletics, will be subject to further and more restrictive punitive action.*

LEVEL I VIOLATIONS

- Possessing or consuming alcohol if under the age of 21.
- Misrepresenting one's age for the purpose of purchasing alcohol.
- Purchasing, furnishing or serving alcohol to or for an underage person.
- Any inappropriate behavior, involving drugs or alcohol, which the Department of Athletics specifically references in this handbook or that which is written in the Molloy College Student Handbook.
- Physical altercation with a third party.
- Misrepresenting one's age for entrance into a drinking establishment whether proofed or not and whether drinking or not.
- Serving alcohol, consuming alcohol, or present when alcohol is being consumed or present at an off campus housing location.
- Any inappropriate conduct, involving drugs, or alcohol, as deemed by the Department of Athletics to be Level I. [ex: Failed drug test administered through the Department of Athletics]

Penalties (all or some may be imposed at the discretion of the Department of Athletics)

1. Mandatory meeting with the Director of Athletics (or designee) and head coach within 4 business days of the violation.
2. Mandatory counseling session(s) with the Student Personal Counseling Service (SPC) that will include an alcohol/substance abuse assessment.
3. 10 hours of community service as determined by the Department of Athletics.
4. Receipt of a violation notice by the Department of Athletics.
5. Suspension from competition and team travel for a period to be determined by the Department of Athletics. (*Minimum of one contest*) contest suspension is to be served immediately (next official contest) during championship segment. If during the non-championship segment, a student-athlete may also be suspended for a scrimmage, etc., in addition to the contest suspension to follow in the championship segment.

LEVEL II VIOLATIONS

- Operating a motor vehicle while under the influence of alcohol (driving with a blood alcohol level of .08 or higher) and/or drugs.
- Being dangerously intoxicated to the point where you are arrested and taken into custody by the police.
- Any activity whereby the student-athlete is arrested and found guilty of illegal behavior involving alcohol or drugs.
- An admission or finding of guilt or a determination that there has been illegal behavior, involving drugs or alcohol, whether or not it resulted in an arrest.
- Engaging in conduct that involves a risk of personal injury to themselves or another or a risk of damage to property.
- Manufacturing, distributing, dispensing, possessing, or otherwise using illicit drugs.
- Any inappropriate conduct, involving drugs or alcohol, as deemed by the Department of Athletics to be Level II.
- Second report of a Level I violation.

Penalties (all to be imposed)

1. Mandatory meeting with the Director of Athletics (or designee) and the head coach within 2 business days.
2. Mandatory counseling session(s) with the Student Personal Counseling Service (SPC) that will include an alcohol/substance abuse assessment.
3. Required attendance at an alcohol/substance abuse education program for a minimum of four consecutive visits and a follow up session with SPC.
4. 20 hours of community service as determined by the Department of Athletics.
5. Receipt of a violation notice by the Department of Athletics.
6. Suspension from all activities and competition for a period to be determined by the Department of Athletics. (*Minimum one week and two contests not to include scrimmages.*) Suspension is to be served immediately (next official contest) during championship segment. If during the non-championship segment, a student-athlete may be also required to be suspended for a scrimmage, etc., in addition to the contest suspension to follow in the championship segment.

LEVEL III VIOLATIONS

- Second report of a Level II violation.
- A report for a Level II violation by a student-athlete with a previous Level I violation on file.
- Any inappropriate conduct, involving alcohol or drugs, severe enough to be deemed Level III by the Department of Athletics.
 - Second Failure of drug test administered by the Department of Athletics

Penalties (all to be imposed)

1. Mandatory meeting with the Director of Athletics (or designee) and the head coach within 2 business days.
2. Immediate termination of your scholarship.
3. Expulsion from all intercollegiate athletic activities for the remainder of your time at Molloy College.

Due Process

Each student-athlete will be given oral notice of the alleged violation (s), will be permitted to an informal hearing before the Director of Athletics and given an opportunity to present a defense. Requests for such a hearing must be made in writing and received by the Director of Athletics within forty-eight (48) hours of notification of the allege violation. Student-athletes may be withheld from competition during the appeals process if deemed appropriate by the Director of Athletics or designee.



MOLLOY COLLEGE DRUG AND ALCOHOL POLICY

Molloy College affirms its compliance with the Drug Free Workplace Act of 1988 (P.L. 100-690) and the Drug Free Schools and Communities Act Amendments of 1989 (P.L. 101-226) and is committed to maintaining a campus whose major mission is to provide quality education for people to prepare them for a productive and civilized life. To maintain an atmosphere conducive to fulfilling this mission, the following policy is in effect:

It is the College's policy to prohibit the unlawful manufacture, distribution, dispensing, possession or use of illicit drugs and alcohol anywhere on the Molloy College Campus or as part of any Molloy College activity. Any member of the Molloy Community (student, faculty, administrator or staff) found to be in violation of this rule will be subject to dismissal.

All such members of the Molloy College Community must abide by the terms of this policy and, in accordance with the Federal laws, report to the Personnel Office any conviction under any local, State or Federal law applicable to the above policy.

It is the policy of Molloy College to confiscate and properly dispose of illegal drugs, drug paraphernalia and unauthorized alcoholic beverages that are found on campus or at events sponsored by Molloy College.

I. PROVISIONS

- A. Employees, students and their guests are subject to all State and local regulations concerning the unlawful manufacture, distribution, dispensing, possession or use of illicit drugs and alcohol (see Appendix A). Any conduct violation committed by a student or employee or their guests while under the influence of alcohol or illicit drugs will be dealt with severely.
- B. It is a breach of College policy for any student on the Molloy College campus or at any event sponsored by Molloy College:
 1. To manufacture, sell, purchase, give away, possess or utilize illegal drugs.
 2. For a person under twenty-one to purchase, or to attempt to purchase any alcoholic beverage;
 3. For a person under twenty-one to possess, consume or intend to consume any alcoholic beverage except in religious services or academic classes sanctioned by an agent of the College;
 4. For anyone to aid or abet another person in violation of (2);
 5. To use identification fraudulently or to allow another person to use one's own identification to obtain alcoholic beverages illegally;
 6. For a person over twenty-one to display or consume alcohol in a manner which could be viewed as detrimental to the best interest of the College.
- C. Any employee or student who may be convicted of a workplace alcohol and/or drug violation must notify a supervisor of this fact, within five days of the conviction. An authorized agent of Molloy College must notify the appropriate government agency within ten days should that agent be made aware of such a conviction.

II. SANCTIONS – STUDENTS

A student who is found to be in violation of this policy is subject to the "Due Process for Student Discipline in Non-Academic Areas" as stated in the Student Handbook. If a decision is entered against an accused student, the following sanctions may be imposed:

- Illicit Drugs

Molloy College affirms its intention to report to the appropriate police department, any person on or connected with this campus that is seriously and reasonably suspected of manufacturing, distributing, dispensing, possessing or otherwise using illicit drugs. **At the point that this report is made to the police department regarding a student, the Vice President for Student Affairs will have the right to immediately suspend**

the student. During the period of suspension, a student is barred from classes and all other College privileges and activities and is not permitted access to Molloy's campus for any reason. Within 5 working days of the report, the Judicial Committee will be convened as per the Student Handbook. It will not be the Committee's responsibility to attempt to define guilt or innocence in a legal sense, but only to respond to the facts as presented in relation to the well being of the College and to the student in that relationship.

The Committee may recommend one or more of the following to the Vice President for Student Affairs:

1. Continuation of the suspension for a specified period of time;
2. Attendance in a rehabilitation program;
3. Dismissal from the College, with or without the right to reapply after a specific period of time.

Students thus summoned shall be guaranteed:

1. Due process in the hearings;
2. A review of the hearing and the penalties by the President of the College.

Failure of a student to respond to the judiciary summons may result in ejection from the campus and renders violators of this code open to penalties of suspension or expulsion from the College.

B. First Infraction - Alcohol

Illegal Possession, Consumption, Aiding or Abetting in the Purchase or Possession of Alcohol - will require a Disciplinary Warning. In addition, it will require one or more of the following:

1. A monetary fine of up to \$50.00;
2. 10 volunteer hours;
3. Counseling or referral by the Counseling Office.

C. Second Infraction - Alcohol

Illegal Possession, Consumption, Aiding or Abetting in the Purchase or Possession of Alcohol - will require a Disciplinary Warning. In addition, it will require one or more of the following:

1. A monetary fine of up to \$50.00;
2. 20 volunteer hours;
3. Counseling or referral by the Counseling Office.

D. Third or Subsequent Infraction - Alcohol

Illegal Possession, Consumption, Aiding or Abetting in the Purchase or Possession of Alcohol

1. Will require a Disciplinary Suspension of up to one month. During the period of suspension, a student is excluded from classes and all other College privileges and activities. Further, the student must seek and attend counseling and rehabilitation as recommended by the Counseling Office.

Consideration for reinstatement is dependent upon proof of satisfactory completion of the recommended program.

2. Should the student continue to engage in prohibited conduct, a **Disciplinary Dismissal** may be required.

III. DRUG SCREENING

Molloy College asserts compliance with the policies of the clinical and field work areas in which the students gain learning experiences and of the National Collegiate Athletic Association (NCAA). Should these policies require drug screening; the students of Molloy College will comply with the required test at no cost to the College. Any student found to be positive for drugs as a result of that screening, will be subject to disciplinary action as stated in the individual department's handbook or policies. A student who does not comply with the policies may be subject to disciplinary dismissal.

IV. GUESTS

Guests of students who are visiting the College campus or who are attending an event sponsored by Molloy College are also subject to this policy. Guests who violate this policy will be removed from campus or the event and/or reported to the local police department. The employee or student bringing the offending guest on campus or to the event may be found to be aiding or abetting the prohibited conduct.



SPORTS MEDICINE STAFF

James Zegers, MA, ATC	Assistant Director of Athletics for Sports Medicine
Eric Ressegger, MAEd, ATC	Assistant Athletic Trainer
Kimberly Passero, MHSc, ATC	Assistant Athletic Trainer
Dr. Michael Yorio, MD	Team Physician
Dr. Deena Petrocelli, MD	Associate Team Physician
William J. Schwarz, PT	Team Physical Therapist
Scott Mollica, DC, ART, CSCS	Certified Strength & Conditioning Specialist

Certified Athletic Trainers Molloy College employs three full time Certified Athletic Trainers. All are certified by the National Athletic Trainer's Association Board of Certification and the NY State Department of Education. Athletic Trainers specialize in both acute and chronic care and prevention of athletic injuries and illnesses, treatment, rehabilitation and education, as well as referral services to more specialized medical professionals. Our mission is to provide the highest possible standard of medical care to all Molloy student-athletes, regardless of race, sex or other personal differences.

The Athletic Training Room at Molloy College is located in the lower level of the Wilbur Arts Building.

Team Physicians The Department of Athletics Team Physician, Dr. Michael Yorio is responsible for the review and oversight of all medical decisions regarding Molloy College student-athletes, and maintain the final determination on all student-athlete's availability to return to play after any athletic injury, illness, or any other issues regarding a student-athlete's health and well being. He is available by appointment at his office, ProHealth Care Associates, LLP, in Lake Success or during a free clinic conducted on campus at least once a week during the academic year. Dr. Yorio is available for coverage of home games at the discretion of the Department of Athletics. Appointments for the clinic, as well as all necessary follow up appointments and referrals to other medical professionals or diagnostic tests, will be made by the Sports Medicine Staff.

Team Physical Therapist The Department of Athletics Team Physical Therapist is responsible for the coordination of all necessary rehabilitation programs for Molloy College student-athletes. He is available in the Athletic Training Room at least twice per week during the school year and by appointment at his offices in Massapequa and Commack. All necessary prescriptions will be written by our Team Physicians and appointments will be made by the Athletic Training Staff.

Strength and Conditioning Molloy College employs a Certified Strength and Conditioning Specialist (CSCS) on a part time basis. Each team, with approval from the head coach, will have access to the CSCS at various points throughout their season. Schedules will be made by the Assistant AD for Sports Medicine, head coach, and the CSCS. Participation is reserved for full team rosters only; individual training sessions will not be sponsored by the Department of Athletics. The CSCS is also available to student-athletes for open training sessions in our gymnasium and weight room. All Molloy College student-athletes are welcome to attend these sessions.

According to NCAA regulations, teams may not have access to the CSCS during the period after the last day of finals, or the last contest of the spring semester, and the first allowable practice, or first day of school the following year.

POLICIES AND PROCEDURES

HOURS OF OPERATION

- Weekdays, during the school year, hours are as follows.
 - 9:00am - 2:00pm - Rehabilitation and Evaluation.
 - 2:00pm -5:00pm - Game/Practice Coverage.
- Rehabilitation programs are conducted by appointment only.
- Weekend and holiday hours during the school year are based on individual team's game/practice schedule. Services will be provided no less than one hour prior to all practices, two hours prior to games, and no more than one hour after all games and practices.
- All teams competing in their championship season will have an Athletic Trainer at all home contests and practices when possible. They also have priority in the Athletic Training Room for all services, except in emergency situations. Away contests will have an Athletic Trainer provided by the host institution, and by Molloy College Athletic Training Staff when possible.
- All student-athletes participating in non-championship seasons, pre or post-season workouts, and conditioning programs have access to the Athletic Training Staff during the hours listed above.
- Summer hours are Monday through Friday, 9:00am-5:00pm. During the summer, Athletic Training services will not be provided on weekends or holidays unless by appointment. The Athletic Training Room will be closed on Friday during the months of July and August, except during preseason for the fall season.

RULES

- Student-athletes should allow reasonable time for all Athletic Training Room needs. Treatments are conducted on first come-first serve basis; in-season athletes have priority. **The Athletic Training Room cannot be used as an excuse for lateness to any team activities or classes.**
- Treatments will only be conducted with approval from the Sports Medicine Staff (Athletic Trainers and/or team doctors), and should be continued until the Sports Medicine Staff determines so. No student-athlete is to use Athletic Training Room modalities/equipment without supervision from the Sports Medicine Staff.
- The Athletic Training Room is a co-ed facility; student-athletes should dress appropriately at all times. This includes the need for loose fitting or athletic tops, shorts and sneakers. **Student-athletes will not be permitted to change in the Athletic Training Room for any reason.**
- No cleats, equipment, bags, food, or tobacco products are permitted at any time.
- Student-athletes must act in a respectful manner at all times. Foul or abusive language will not be tolerated and will be grounds for removal.
- Athletic Training Room phones and computers are not to be used by student-athletes at any time.
- **The Athletic Training Room is a medical facility, not a hangout! Those who do not need treatment will be asked to leave.**

Failure to adhere to any of the above will result in notification to the head coach and Director of Athletics.

PRE-PARTICIPATION PHYSICALS

The Department of Athletics requires that all new and returning NCAA student-athletes undergo a comprehensive physical each year prior to taking part in any team activities. Our team physicians will conduct such physicals during the summer on a schedule set up by the athletic training staff. Physicals conducted at Molloy College are free of charge. **Those who do not attend on the scheduled date and time are still required to have a physical by Molloy College team physicians, possibly at their office, and may be charged for the visit.**

Those student-athletes who are not listed on original team rosters at the time of the physicals are still required to have a physical by our Team Physician. Those student-athletes must make an appointment with the Athletic Training Staff prior to participating in practices or games.

Any students who have made arrangements with a head coach to tryout for an athletic team must have a physical exam from their personal physician on file with the Athletic Training Staff. Physical exams must be conducted no more than six months prior to the date of the tryout. Any student involved in a try-out that makes the team, is then required to have a follow up exam by Molloy College's team physician. All such appointments will be made by a member of the Athletic Training Staff.

In all other cases physicals by outside physicians will not be accepted for athletic clearance!

INSURANCE INFORMATION

All student-athletes are covered under Molloy College's Sports Accident Insurance Policy. The Sports Accident Policy is a secondary policy which allows for medical benefits not covered by any other family or personal insurance. In order to be eligible, medical bills must be incurred as a direct result from practicing or playing in Molloy College sports. For those student-athletes not covered by other family or personal insurance, Molloy College's Sports Accident Insurance Policy will serve as primary.

All Molloy College student-athletes are also required to purchase the Molloy College Student Accident and Sickness Insurance Plan which is a primary policy, covering those ailments and conditions that occur outside of competition in Molloy College sports. This plan covers 100% of covered charges up to \$5,000, then 80% of covered charges up to an aggregate maximum of \$25,000 per injury or sickness, unless otherwise stated. **Student-athletes are not permitted to waive the school's insurance policy. For more information about either of these policies, please see a member of the Athletic Training Staff. Club sports under the jurisdiction of the Department of Athletics may waive the school insurance with proof of insurance.**

Student-athletes are expected to alert the Athletic Training Staff of any outstanding medical bills resulting from injuries or illnesses occurring during Molloy College events within 60 days from the date of notification on the bill. This ensures that bills are paid in a timely manner. Failure to do so will result in the bill becoming the responsibility of the student-athlete.

If a student-athlete is covered through a parent or some other personal insurance policy, they are required to complete a Medical Insurance Information form and provide a copy of their identification card at the time of their physical. During the course of their stay at Molloy College, should a student-athlete's insurance coverage change, the Athletic Training Staff must be notified immediately.

Every athletic injury which needs further medical attention requires a separate insurance claim form to be filed. These forms require both the student-athlete and Athletic Trainer's signatures. All forms are kept confidential and will remain on file in the Athletic Training Room.

Medical expenses will only be considered by the secondary policy if the student-athlete is referred by a member of the Molloy College Sports Medicine Staff. Non-referred visits or expenses will be considered the responsibility of the student-athlete.

ATHLETIC INJURY/ILLNESS REPORTING POLICY

All injuries and illnesses, regardless of where or when they take place, must be reported to the Sports Medicine Staff as soon as possible. A member of the staff will conduct an initial evaluation and decide if further testing/evaluation is required.

Student-athletes who miss a game or practice, for any medical reason, must report to the Athletic Training Staff for evaluation before they are cleared to return to play. If an outside physician is seen, student-athletes are required to provide documentation of all services to the Sports Medicine Staff.

It is the responsibility of the student-athlete to alert the Sports Medicine Staff when they miss team activities due to illness or injury.

Molloy College's Sports Medicine Staff maintains the final determination as to when a student-athlete may return to competition after an illness or injury. There are no exceptions. Outside physicians, family members, and/or coaches may be included in the discussion but may not overrule this decision.

MEDICAL RECORDS AND RELEASE OF INFORMATION

The Molloy College Department of Athletics operates under all applicable FERPA (Family Educational Rights and Privacy Act of 1974) and HIPAA (Health Insurance Portability and Accountability Act) laws. All medical and insurance records are kept strictly confidential, and can be issued to third parties only under direct permission from the student-athlete.

All student-athletes are required to sign a HIPAA Release Form during the pre-participation physical exams. This form is used to educate the student-athletes and ensure that they understand all appropriate privacy laws.

Following New York State law, all medical records are kept for a minimum of seven years after a student-athlete's graduation, at which time they are shredded and discarded in an appropriate fashion.

DRUG TESTING

Each year all student-athletes are required to take part in the Molloy College Drug Testing Program and will be asked to sign a consent form prior to being cleared to play (complete policy and ramifications for positive test results follows.) All forms and test records are kept strictly confidential in the Department of Athletics. The Molloy College Drug Testing Program is a separate policy than the program administered by the NCAA.

Student-athletes must also agree to accept the guidelines set forth under the NCAA Drug Testing Program and will be required to sign a consent form for this as well. The NCAA may test Molloy College student-athletes at any time during the year, including the summer, regardless of which season their sport is being played. Each year, all student-athletes will receive a copy of the NCAA's list of banned substances as well as a complete outline of the testing protocol and guidelines for punishment.

Please note it is the responsibility of the student-athlete to be aware of all banned and illegal substances and to understand that over the counter nutritional products are not regulated by the Food and Drug Administration (FDA) and may contain banned substances. If there are any specific questions regarding these drug testing programs, over the counter products, or any items on the banned substances list, please see the Athletic Training Staff as soon as possible.

MEDICAL WAIVERS

Under Bylaw 14.2.5, student-athletes may be granted an additional year of competition by the NCAA for medical reasons of hardship. Hardship is defined as an incapacity resulting from an injury or illness that has occurred under all of the following conditions:

1. The injury occurs in one of the four years of competition at any collegiate institution.
2. The injury results in incapacity to compete for the remainder of that playing season.
3. The injury or illness occurs when the student-athlete has not participated in more than two contests or dates of competition, or 20% of the team's total contests, whichever number is greater.

Waivers will be filed by the Assistant AD for Compliance and the Assistant AD for Sports Medicine.

Student-athletes who are granted a fifth year of competition by the NCAA are not guaranteed to receive a fifth year of scholarship money. That decision will be the direct responsibility of the respective head coach.

2011-12 MOLLOY COLLEGE DRUG TESTING POLICIES AND PROCEDURES

Molloy College, in conjunction with the NCAA, recognizes the mounting evidence that illegal drug use may be a problem in intercollegiate athletics and society as a whole. In connection, the Department of Athletics supports action designed to assist student-athletes coping with even the slightest substance abuse problems. In order to help us achieve this goal we have implemented a screening program and have outlined the disciplinary actions to be followed in the event of a positive drug test.

THE PROCEDURE WILL BE AS FOLLOWS:

1. Upon signature of this form, all Molloy College student-athletes will be subject to drug testing throughout the entire calendar year.
2. The number of athletes tested is determined as a percentage of their team's roster.
3. Student-athletes will be chosen at random by representatives of the Athletic Training Staff, or with reasonable suspicion from the coaching staff and/or Department of Athletics administrators.
4. Student-athletes may be tested more than once regardless of the results.
5. Notification will come from a member of the Athletic Training Staff, either in person or by phone, up to twenty-four (24) hours prior to the test. **Student-athletes may be expected to report for a test directly from team events/classes.**
6. Failure to report to your assigned appointment is considered a positive test result.
7. Testing will be done by urinalysis and shall be administered on campus by independent and qualified personnel, who will accompany the student-athlete throughout the entire specimen collection process. Those who do not provide an adequate sample at the time of their test will be expected to remain on site until they have done so.
8. Test results are sent directly to the Assistant AD for Sports Medicine, who will notify the Director of Athletics and the head coach. Student-athletes will be notified of positive results only, either in person or by phone.

IN THE EVENT OF A FAILED (POSITIVE) TEST:

1. The student-athlete will immediately be suspended from all team activities and may be required to enter a substance abuse or counseling program established by the Department of Athletics.
2. The length of the suspension will be fifteen percent of the team's scheduled contests, effective the first contest date after affirmation of a positive test. Contest suspensions do not include scrimmages.
3. Student-athletes who have failed a drug test can be tested at the discretion of the Department of Athletics for the remainder of their stay at Molloy. **This shall be considered the first warning.**

IN THE EVENT OF A SECOND FAILED TEST DURING THE SAME OR SUBSEQUENT YEARS:

1. The student-athlete will be indefinitely suspended from all team activities.
2. Athletic grant and/or scholarship money will be rescinded.
3. **There is no second warning.**

APPEALS PROCESS:

Student-athletes who test positive for a banned substance by the laboratory retained by Molloy College may, within seventy-two (72) hours following receipt of notice of the laboratory finding, contest the finding. Upon the student-athlete's request for additional testing of the sample, the Director of Athletics will formally request the laboratory retained by Molloy College to perform testing on specimen B, which is taken at the time of original sample, and kept separate. Specimen B findings, whether positive or negative, are considered final, subject to the results of any appeal. Any additional testing requested by the student-athlete will be done so at their own expense.

Student-athletes who test positive under the terms of the Molloy College Drug Testing Policy are entitled to a hearing with the Director of Athletics, or designee, prior to the imposition of any sanctions. Requests for such hearings must be made in writing, and received by the Director of Athletics within forty-eight (48) hours of notification of a positive test result. If the 48 hours would end on a weekend, the request must be made by noon on the next business day. Student-athletes may be withheld from competition during the appeals process if deemed appropriate by the Director of Athletics.

The student-athlete may have an advocate, or other representative, present during the hearing if he/she so desires. However, the student-athlete must present his/her own case. The meeting will take place no more than seventy-two (72) hours after the written request is received. Either the student-athlete or the other parties involved may request an extension of time to the Director of Athletics, who will consider whether to grant the extension upon showing of good cause. These proceedings shall include an opportunity for the student-athlete to present evidence, as well as to review the results of the drug test. The proceedings shall be confidential, and the decision of the Director of Athletics, or designee, regarding the sanction to be imposed shall be final.

It should be noted that the Department of Athletics does not wish to persecute anyone who may have a problem. We simply wish to educate our student-athletes about the pitfalls of using illegal drugs and alert ourselves of any potential dangers within our department. A list of all illegal drugs and NCAA banned substances, along with information on nutritional supplements is available on the NCAA website (www.ncaa.org.) The National Center for Drug Free Sport also provides confidential information to NCAA student-athletes via their website (www.drugfreesport.com.)

Those with specific questions regarding prescription medication, dietary supplements, or any other substances should see a member of the Athletic Training Staff immediately.

It should be noted that this policy is administered separately from the NCAA Drug Testing Program, although it may contain many of the same banned drug classes.

All persons connected with the administration of this program, including the Director of Athletics, Athletic Trainers, coaches, and staff, are bound by the strictest standards to maintain complete confidentiality of any and all information available to them as a result of their involvement with this program.

It is the belief of the administration of Molloy College that participation in intercollegiate athletics is a privilege and not a right. **Since the College further believes that implementation of this screening program is necessary to preserve the integrity of the Athletics Program, no student-athlete will be permitted to participate in any phase of intercollegiate athletics until he/she has agreed to the stipulations set forth in this program.**

IMPORTANT INFORMATION FOR STUDENT-ATHLETES WHO ARE BEING TREATED FOR ADHD

The NCAA bans classes of drugs because they can harm student-athletes and can create an unfair advantage in competition. Some legitimate medications contain NCAA banned substances, and student-athletes may need to use these medicines to support their academics and their general health.

Effective August 1, 2009, the NCAA will begin stricter documentation procedures for student-athletes seeking a medical exception to allow the regular use of a medication that contains a banned substance. Stimulant medications used to treat ADHD such as Adderall and Ritalin, are among banned substances for which a medical exception for a positive (failed) drug test may be granted, provided a student-athlete's institution (Molloy College) presents documentation that those substances have been prescribed by a physician and is supported by a clinical assessment for educational or health reasons. In order to process a medical exception for a banned substance, the institution must be prepared to submit documentation at the time of confirmation of a positive drug test. Such documentation must include evidence that the student-athlete has undergone a clinical assessment to diagnose the disorder, is being monitored routinely for use of the stimulant medication, and has a current prescription on file.

If you are currently being treated with stimulant medications for ADHD or any other neurobiological disorder, please see a member of the Sports Medicine Staff BEFORE YOU ARE CHOSEN FOR A DRUG TEST. We will provide a list of criteria that should be addressed and documented by your personal physician who diagnosed and is currently treating the disorder.

If you are not sure if your medication is on the banned substance list, NCAA student-athletes and athletics staffs can use Drug Free Sport's Resource Exchange Center (www.drugfreesport.com/rec) to learn whether a medication has been banned. Any other questions regarding prescription or over the counter medication should be addressed with a member of the Athletic Training Staff as soon as possible.



PARTICIPATION BY THE PREGNANT STUDENT-ATHLETE

Student-athletes who are or become pregnant during their collegiate athletic careers are expected to follow the same reporting policies as any other athletic injury or illness. This is done to ensure the physical and psychological health of both the fetus and the student-athlete. A pregnant student-athlete's right to privacy will also be followed in the same manner.

Student-athletes should not assume they must immediately withdraw from their sports. Once informed, the Team Physician will coordinate a plan based on each individual's sport and medical condition. The Assistant Director of Athletics for Sports Medicine will notify the head coach if he/she is not already involved. If the student-athlete is not under the care of an OB/GYN, one will be recommended by the Team Physician.

Scholarships will not be rescinded if the guidelines outlined in this section are followed appropriately. Our hope is to provide an environment where pregnant student-athletes feel free to safely reveal their pregnancy rather than conceal it. Also, NCAA rules allow a one year extension of the traditional five year eligibility period for a female student-athlete for reasons of pregnancy. Applications for a sixth year of eligibility will be filed by the College's Compliance Officer.

References to neutral prenatal counseling services will be provided by the Department of Athletics and the Team Physician upon request. Student-athletes may also refer themselves, or be referred by the Department of Athletics, to Molloy College's Student Personal Counseling Service, which provides free, confidential, counseling services to all Molloy College students. Any male student-athlete involved in a pregnancy will obviously not have the same physical changes as their partner, but may have psychological stress and concern about the health of the mother and the fetus as well as questions about financial responsibility and their personal readiness for fatherhood. Therefore, they are encouraged to seek the help of the Athletics Department and will have the same counseling and support services available to them on request.

Following the pregnancy, medical clearance is required to ensure a safe return to competition. Such clearance will be reviewed by the Team Physician before a student-athlete is permitted to return to play.

WORK STUDY

Work Study is a federally funded grant that is awarded to an institution. Eligibility is determined upon completion of FAFSA. Work study is need based. All student-athletes will be notified of their eligibility for work study upon receipt of their award letter from the Office of Financial Aid.



GAME DAY WORK STUDY GUIDELINES

Requirements:

- Must be committed to work weekends and evenings.
- Must be flexible to accommodate last minute changes in schedules for games and events.
- Willing to work in a fast paced environment.

Work Hours Procedures:

- Hours determined by athletic event schedules.
- Must report **ON TIME** to work.
- Hours will be established prior to the start of the sport season (different sports require different reporting times.)

Dress Code:

- Staff **MUST** wear khakis or black pants for all athletic events and Molloy College Athletics shirts (provided upon hire.) For all outdoor sports khaki shorts & capris are permitted. Rain gear and jackets will be permitted to be worn as weather permits.
- For cold weather, work study may wear heavy clothing over issued game shirts.
- Sneakers/shoes are to be worn for all events. **NO SANDALS OR FLIP FLOPS!**
- **NO** hats or any other head accessories may be worn at work.
- Anyone who does not follow these dress procedures will not be permitted to work the event.

Cell Phone Usage:

- Cell phones are not to be used while working. They are to remain in pockets or purses and not be visible. No viewing of missed calls or texting!
- In the event of an emergency, you may seek approval from Game Day Coordinator.

Please Do Not:

- Bring any i-pods, MP3's, portable walkman/CD players or video games to work.
- Sit around and do nothing. **THERE IS ALWAYS SOMETHING TO DO!!!**

Weather/Cancellation Procedures:

- In the event of inclement weather, please contact Jason Trufant at 516-678-5000 ext. 6339 or stop by the Athletic Offices.
- Email notification will be sent

Absentee/Lateness Procedures:

- If you are going to be late or absent **for any reason** (i.e., stuck in traffic, emergency, sickness) you must call or email the Game Day Coordinator.

Payment:

- Work Study students will be paid every other week for the hours worked.
- It is your responsibility to contact the Game Day Coordinator with any issues concerning your pay check.

NCAA Regulations:

- No smoking/chewing of tobacco products at any athletic events. **NO SMOKING BREAKS!**
- No consumption of any alcoholic beverages permitted.

Sportsmanship:

- Must remain **NEUTRAL** at **ALL** times.
- No cheering for the home team.
- Absolutely **NO** remarks made towards any officials.

Crowd Control:

- In the event that spectators begin to become unruly or confrontational with you or other spectators, advise the Game Day Coordinator or an Administrator on site **IMMEDIATELY!**
- Do not be the mediator between confrontational spectators. **DO NOT** try to handle the situation by yourself.

GAME ADMISSION, WEATHER & SPECTATOR GUIDELINES

Admission: Admission is charged for Men's and Women's Soccer, Men's and Women's Basketball, and Men's and Women's Lacrosse. All other events are free unless posted. Rates are as follows:

Molloy College Students, Faculty, and Staff	Free with Molloy ID
Visiting College Students.....	\$2 with college ID
Children 12 & under	\$2
Adults 13 & over.....	\$5
Senior Citizens	\$2

Inclement Weather: Decisions on postponements and cancellations will be made by the Molloy College Department of Athletics as early as possible on the day of the contest. During East Coast Conference dates, conference policy will be followed.

Spectator Guidelines: Below is a list of guidelines all spectators should follow to ensure the safety of themselves and the participants.

1. The right of admission is reserved by Molloy College Athletic Staff.
2. No money will be refunded or tickets exchanged due to events outside the control of Molloy College and its Athletic Staff. Including weather related issues.
3. Alcohol is not permitted at any Molloy College Athletic Event.
4. Spectators are required to remain in the seated areas at all times. At no time are spectators allowed on the playing surfaces.
5. The use of tobacco products is not permitted at any Molloy College Athletic Event.
6. Video and pictures may be taken from the seated areas only. Molloy College reserves the right to confiscate any film and/or video tape if this rule is violated.
7. At no time may spectators enter the designated bench areas of the teams.
8. Throwing of any objects onto the playing surface will result in immediate removal from site.
9. Concessions are not permitted to be sold by anyone other than members of the Molloy College Athletic Staff or athletics teams, with approval of the Department of Athletics.
10. The use of foul or abusive language will not be tolerated and violators are subject to removal from the facility.
11. Open flame, grills, and any other such cooking devices are not permitted at the Dean G. Skelos Sports Complex.

MUSIC

All music to be used for an event is to be fan-friendly, appropriate and profanity free. Music to be used for a contest must be given to the Associate Director of Athletics for Operations by a coach or team captain at least one week prior to the event in order to be screened. No music is to be played without approval from the Associate Director of Athletics. Men's and Women's Soccer, Men's and Women's Lacrosse, Baseball and Softball, must submit a list of songs with the artists. Men's and Women's Basketball and Volleyball must submit a playlist.

SPORTSMANSHIP

The NCAA and the ECC promote good sportsmanship. The mission statements of both Molloy College and the Department of Athletics encourage students and student-athletes to act in a manner reflective of Christian values.

Coaches are expected to lead the way for their teams by demonstrating restraint in conflict situations and by promoting sportsmanship through play that is competitive and within the spirit of the rules of the game. Student-athletes are expected to conduct themselves with honesty and sportsmanship at all times while representing Molloy College. Spectators are encouraged and expected to **cheer for their team and not against** their opponents. Inappropriate fan behavior will not be a part of our game day environment.

Sportsmanship should be regarded both as a set of attitudes and as behavior that gives expression to those attitudes. It speaks to the concepts of respect and concern for fairness, courtesy, and the ethical conduct of all involved in Division II athletics. It is one of the six core attributes of Division II membership.

Acts in violation of sportsmanship will not be tolerated and will be referred to the Department of Athletics and the ECC for appropriate penalty. Poor sportsmanship includes obscene language or gestures, engaging in fights with opponents, taunting the spectators, coaches and/or opponents, physical contact or verbal attacks.

TRAVEL

Student-athletes traveling as part of a Molloy College sponsored event are to conduct themselves in a responsible manner and are to remember that they are representing the college at all times. Proper dress is required as determined by the head coach. All student-athletes are required to complete all course work missed due to travel. Student-athletes must present their professors at the start of the semester with the dates they will be absent due to travel and competition. Letters indicating dates of away contests will be prepared by the Department of Athletics for each sport.

All drug and alcohol policies of Molloy College and the Department of Athletics are to be strictly enforced when traveling. Any violations will be dealt with **immediately**. Student-athletes under suspension are not allowed to travel with the team to the site of competition. It is the discretion of the Department of Athletics as to whether injured players or those being “redshirted” will travel with the team. Student-athletes are also required to abide by the team rules prepared by the head coach. Student-athletes are required to travel to and from away athletic contests via Molloy College transportation. Any special situation that may arise resulting in the need to travel without the team **must be approved by the Department of Athletics**. A Student-Athlete Travel Release Form will be required if the special case is approved.

Student-athletes traveling as part of a Molloy College team will receive either cash allowances or catered food for meals based on departure time and the trip length. Upon receiving a cash allowance, each student-athlete will be required to sign a meal money receipt. The guidelines for allowances are as follows: \$10.00 for dinner, \$6.00 for lunch and \$4.00 for breakfast with a maximum of \$20.00 per day.

VAN USAGE

For safety purposes all occupants of Molloy College vans are expected to wear seatbelts. The vans are used by sixteen teams and four clubs throughout the year so it is essential that each team/club ensure that team/club members remove trash, equipment and all personal belongings at the end of each trip. The Department of Athletics is aware of the huge responsibility to ensure your safety and as a result have required all coaches to participate in a defensive driving course. It is your responsibility to act appropriately as a passenger so as not to distract the driver. If you feel that your safety is of concern while a passenger, please do not hesitate to contact the Department of Athletics. At no time are student-athletes to operate a department van.

BUS USAGE

The Department of Athletics utilizes professional bus companies for long distance travel. Student-athletes are expected to act appropriately while traveling as representatives of Molloy College.

EQUIPMENT PURCHASING

The Molloy College Department of Athletics has entered into an agreement with New Balance and Fresh Concepts for the supply of all footwear, apparel, accessories, and equipment. All members of the Molloy College Department of Athletics (including coaches, trainers, student-athletes and staff) are prohibited from using any other brand for practice and competition unless otherwise approved by the Associate Director of Athletics. All purchases for equipment, apparel, and footwear must be placed by the Associate Director of Athletics. Any use of the athletics logo, the Molloy College seal or any logo of Molloy College, must be approved by the Director of Athletics or Associate Director of Athletics.

Uniforms and equipment issued by the Molloy College Department of Athletics are property of the Department of Athletics. Failure to return any items requested by the Department of Athletics and its staff will result in a hold placed on your account. This hold will directly affect your ability to register and / or apply for graduation. Misuse or mistreatment of issued equipment and uniforms is the sole responsibility of the student-athlete.

UNIFORM POLICY

On receipt of issued Molloy College Athletic uniforms and equipment, the following policies are in effect:

STUDENT-ATHLETES are responsible for the game uniform condition throughout the season, as well as returning it after each game to be laundered.

STUDENT-ATHLETES are responsible for all game equipment and practice gear throughout the season. **LOSS or DAMAGE will RESULT in a MONETARY FINE.**

STUDENT-ATHLETES are responsible for the immediate return of the equipment, in the event that they quit the team; are dismissed from the team; leave the team for personal reasons (i.e. academics or family) or the Director of Athletics determines loss of eligibility. In addition, student-athletes are responsible to return all issued equipment, within five academic calendar days of the end of their respective seasons.

FAILURE to return the issued athletic equipment on the date designated by the department will result in the following penalties:

1. A **“HOLD”** will be placed on your bursar account.
2. Your athletic locker will be cleared out, you personal items will be confiscated and lock changed.
3. Potential loss of certain athletic privileges.

STUDENT-ATHLETES are responsible to vacate locker by dates to be determined by the Department of Athletics.

I agree to pay for **ALL LOST and/or STOLEN** items that are missing from the individual uniform distribution sheet, which is kept on file in the Athletic Offices (W25), when the uniform is returned.

All athletic **“HOLDS”** can only be released by the Director of Athletics or by her designee.

UNIFORM PRICE LIST (MISSING/LOST ITEMS)

Standard

Bag	\$55
Practice Dry Fit Shirt	\$30
Practice Short	\$30
Sneakers/ Cleats	\$100
Travel Top (jacket or sweatshirt).....	\$100
Travel Bottom	\$75

Basketball

Pre-Game Shirt.....	\$40
Game Jersey	\$180
Game Shorts	\$85
Reversible.....	\$30
Short Sleeve Dry Fit.....	\$35

Baseball

Game Jersey	\$225
Game Pant	\$140
Game Hat	\$30
Long Sleeve Dry Fit.....	\$45
Short Sleeve Dry Fit.....	\$35
Helmet.....	\$50
Socks/ Belt	\$15

Cross Country/ Track

Uniform Top	\$75
Uniform Bottom	\$45
Long Sleeve Dry Fit.....	\$45
Short Sleeve Dry Fit.....	\$35

Cheerleading/ Dance

Uniform Top	\$100
Uniform Bottom	\$100

Lacrosse

Helmet/ Face Mask.....	\$175
Gloves.....	\$150
Game Jersey.....	\$225
Game Short	\$135
Long Sleeve Dry Fit	\$45

Softball

Game Jersey.....	\$165
Game Pant.....	\$100
Long Sleeve Dry Fit	\$45
Short Sleeve Dry Fit	\$35
Helmet	\$50
Bat.....	\$300
Socks/Belt.....	\$15

Soccer

Game Jersey.....	\$125
Game Short	\$85
Socks.....	\$30
Goalie Gloves	\$150

Volleyball

Uniform Top	\$95
Uniform Bottom	\$75
Long Sleeve Dry Fit	\$45
Knee Pads	\$40
Socks.....	\$15

DRESS CODE

All members of the Molloy College Department of Athletics represent Molloy College at all times, therefore it is imperative that their attire is appropriate at all times. Only Molloy College practice equipment is to be worn at practice. Each coach will explain the appropriate attire for away contests, however, it is important that street clothes are properly worn at all times while on and off campus. Additionally, student-athletes are not permitted to wear do-rags or bandannas while representing Molloy College Athletics. It is, however, permissible for a student-athlete to wear a do-rag or bandanna under their helmet for practice or game competition.

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

As stated by the NCAA, “The mission of the National Collegiate Athletic Association Student-Athlete Advisory Committee is to enhance the total student-athlete experience by promoting opportunity, protecting student-athlete welfare and fostering a positive student-athlete image.” Additionally, the NCAA states, “A Student-Athlete Advisory Committee (SAAC) is a committee made up of student-athletes assembled to provide insight on the student-athlete experience. The SAAC also offers input on the rules, regulations and policies that affect student-athletes’ lives on NCAA member institution campuses.”

The SAAC on the Molloy College campus is a recognized group of leaders for the student-athlete body. SAAC is the voice for all student-athletes on issues affecting participation, emotional and physical well-being and educational experiences. The SAAC is composed of both male and female student-athletes representing the sixteen intercollegiate sports, and the equestrian, dance and cheerleading squads. Coaches will encourage participation among their teams and permit student-athletes to miss practice time for scheduled meetings. Each team is required to have at least two student-athletes participate in SAAC.

Molloy College has implemented a Champs Life Skills program through their SAAC. This program is designed to enhance and expand the goals of our current SAAC.

The Molloy College SAAC is under the direct supervision of Jason Trufant, Associate Director of Athletics. Molloy College expects SAAC to have a strong influence in student government and become involved in student life on campus. Molloy College SAAC will convene once a month beginning in September and concluding in May.

Molloy College SAAC has played an integral part in community outreach. The coaching staff is expected to promote, support and encourage participation in the SAAC initiated community activities. SAAC makes significant monetary contributions to Make-A-Wish, the NCAA Division II charity of choice. If you are interested in Molloy College SAAC, please drop by the Department of Athletics for further information.

STUDENT-ATHLETE AFFAIRS

The NCAA Student-Athlete Affairs unit provides life skills support in the areas of academics, athletics, personal development, career development and service through the distribution of accessible resources, strategic partnerships and customized programming **at little or no expense to member institutions**. Student-Athlete Affairs programs, resources and events are designed to promote the well-being and development of student-athletes and to provide on-going education and training to athletics professionals who identify and serve student-athlete needs

LIONS CUP



The Lions Cup is presented to the team that excels in the 5 components of the NCAA Student-athlete Affairs Program. These areas are Academic Excellence, Athletic Achievement, Career Development, Community Service and Personal Development. Molloy Athletic teams compete against each other for the Cup. The 2011-12 academic year will mark the third year for the Lions Cup. The focus and main objective of the Lions cup is to develop the complete student-athlete as a whole and create a sense of pride that is Molloy Athletics.

GOALS

- To create a competitive environment allowing student-athletes and coaches to take part in opportunities, while striving to win the Lions Cup
- To promote student-athlete involvement in department, campus-wide, and community programs
- Recognize the importance of athletes supporting athletes by attending other sports games
- Create a sense of unity as a department 16 Sports = 1 Team
- Recognize coaches, teams, and student-athletes committed to Student-athlete Affairs and overall personal development
- Enhance student-athletes experience and preparation for life after collegiate athletics

MOLLOY NCAA ATHLETIC TEAMS

Baseball

Men's Basketball

Women's Basketball

Cross Country/Track and Field

Men's Lacrosse

Women's Lacrosse

Men's Soccer

Women's Soccer

Softball

Women's Tennis

Volleyball

THE LIONS CUP COMMITTEE

The Lions Cup Committee will be comprised of members of the Athletic Administration, the Molloy Head Coaches and the Faculty Athletic Representative as well as the SAAC Representatives from each team are responsible for submitting community service, personal and career development point sheets.

POINT TRACKING

- Points for Academic and Athletic Achievements will be tracked and tallied by the Athletic Administration
- Points for Community Service, Personal and Career Development will be tracked and organized by coaching staff and SAAC Representatives
- SAAC Representatives will submit points to the Athletic Administration on designated forms
- Points will be updated bi-weekly and reflected on the Lions Cup Board located outside of the Athletic Training Room in the Department of Athletics as well as emailed to coaches and SAAC representatives.

LIONS CUP CATEGORIES:

Academic Achievement

- Team GPA (Per Semester):
 - >3.5 = 100 Points
 - 3.0-3.49 = 75 Points
 - 2.5-2.99 = 50 Points
 - <2.5-2.0 = 25 Points
- Team % of Athletic Director's Honor Roll
 - 100%-75% = 100 Points
 - 74%-51% = 75 Points
 - 50%-26% = 50 Points
 - 1%-25% = 25 Points
- Individual Academic Awards
 - ECC Scholar-Athlete of a Sport = 100 Points
 - 4.0 Semester GPA = 100 Points
 - Academic All-American = 100 Points
- Study Hall Commitment
 - Perfect Weekly Study Hall Attendance by team = 25 points
 - Team with zero members in Study Hall = 25 points/week

Athletic Excellence

- Regular Season ECC Rankings (End of Season)
 - 1 or 2 = 100 Points (100 Additional Points for Regular Season Champion)
 - 3 or 4 = 75 Points
 - 5 or 6 = 50 Points
 - 7 or 8 = 25 Points
- ECC and NCAA Tournaments
 - ECC Title = 100 Points
 - NCAA Regional Bid = 100 Points
 - NCAA Regional Championship = 100 Points
 - NCAA National Championship Appearance = 100 Points
 - NCAA National Championship = 500 Points
- Weekly ECC Awards
 - Player/Rookie of Week Award = 50 Points
- Weekly Regional and NCAA Rankings
 - Regional Ranking = 50 points per week ranked
 - NCAA Ranking = 100 points per week ranked
- End of Season ECC/NCAA Accolades
 - ECC Player/Rookie/Coach Awards = 100 Points
 - ECC First Team = 100 Points
 - ECC Second Team = 75 Points
 - NCAA Individual Statistical Leader = 100 Points
 - NCAA Team Statistical Leader = 100 Points
 - Athletes Supporting Athletes (Must stay for 60% of the Game to receive points)
 - Full Team (Includes Coach) = 100 Points
 - 50%-99% of team attending= 75 Points
 - 25%-49% of team attending= 50 Points
 - Individual= 25 Points
 - (Lion's Pride Games points will be doubled)

Career Development

- Career Development Workshops, Career Fairs (Outside of class time)
 - Full Team = 100 Points
 - 50%-99% of team attending = 75 Points
 - 25%-49% of team attending = 50 Points
 - Individual = 25 Points

Community Service

- Community service projects
 - Full Team (Includes Coach) = 100 Points
 - 50%-99% of team attending = 75 Points
 - 25%-49% of team attending = 50 Points
 - Individual = 25 Points

Personal Development

- Speaking events, guest lectures, workshops on/off campus
 - Full Team = 100 Points
 - 50%-99% of team attending = 75 Points
 - 25%-49% of team = 50 Points
 - Individual = 25 Points
- SAAC Involvement
 - Additional team members attending SAAC meetings (Over mandatory 2) = 25 points/person
- SAAC Events-Attending SAAC sponsored events
 - Full Team = 100 Points
 - 50%-99% of team attending = 75 Points
 - 25%-49% of team attending = 50 Points
 - Individual = 25 Points
- ECC Events-Attending ECC sponsored events
 - Full Team = 100 Points
 - 50%-99% of team attending = 75 Points
 - 25%-49% of team attending = 50 Points
 - Individual = 25 Points

DEDUCTIONS

Ineligible Student-athlete = -25 points/student-athlete

Academic Dishonesty = -100 points/incident

Poor display of sportsmanship (includes fan behavior) = -100 points/incident

Suspensions (From officials or Athletic Department) = -100 Points/Game

Late coaching paperwork = -25 Points/paperwork

Coaches or athletes wearing another school's apparel = -25 Points/Article of Clothing

Lost Uniforms/Equipment = -100 points/article

Poor Class Behavior (emails/phone-calls to the Athletic Department regarding rudeness, sleeping in class, etc.) = -25/incident

Failure to pass NCAA Coaches Recruiting Exam = -50 points/exam

Missed meetings with advisors/tutors/other academic officials = -50 points/meeting

Missed training room sessions = -25/session

Violation of van and bus policy (Food in vans, dirty buses) = -25/incident

STUDENT PERSONAL COUNSELING SERVICE

WHAT IS SPC?

The Student Personal Counseling Service (SPC) at Molloy College offers a variety of services to students.

- Free short-term counseling (individual or group counseling);
- Crisis Intervention;
- Workshops and trainings on mental health topics;
- Referral network;
- Mental Health library of books and articles

WHAT CAN I EXPECT WITHIN THE SESSIONS?

Face-to-face sessions are conducted in private, and all records are strictly confidential. The counselor will develop strategies to address specific goals, and then determine the length of time necessary to resolve these concerns. The goal of counseling is to help students acquire the skills needed to live a more effective life and/or successfully overcome a difficult challenge. Students who require longer-term services can receive assistance via referrals to other agencies or providers within their community.

WHY GO THERE?

SPC offers assistance to students coping with many different types of issues, including but not limited to:

- * Academic Motivation
- * Stress and Anxiety
- * Depression
- * Relationship / Family Issues
- * Substance Abuse
- * Self-Esteem
- * Grief and Bereavement
- * Eating Disorders
- * Anger Management
- * Domestic Violence

WHAT DOES IT COST?

SPC service is free of charge for all Molloy College students; full-time and part-time.

IS IT REALLY CONFIDENTIAL?

Yes. Everything that students share with the counselor is held in confidence. No information is released to the college staff, to parents, or to outside agencies without the student's written consent, unless they are clearly a danger to themselves or others, involved in child or elder abuse, or by court order.

WHERE IS IT?

SPC is located in Kellenberg 003A.

HOW DO I MAKE AN APPOINTMENT?

To make an appointment to meet with the counselor please call the office number at (516) 678-5000 ext. 6545. Voicemail is available for messages and the call will be returned within 24 hours. You will be given the soonest appointment available that works with your schedule.

WHAT IF I CAN'T WAIT TO MEET WITH THE COUNSELOR?

If it is a psychological emergency and the counselor is not available please contact Public Safety at (516) 678-5000 ext. 11. They will assist you to where you need to go.

APPOINTMENT HOURS:

Monday – Friday 9:00am – 5:00pm

Evening Hours are available upon request.

MOLLOY COLLEGE FITNESS CENTER

The Molloy College Fitness Center is located adjacent to the gymnasium on the ground floor of the Wilbur Arts Center. The Fitness Center is open to Molloy College students, faculty, staff and administration.

HOURS OF OPERATION

Please check with the Department of Athletics for hours of operation.

The Fitness Center will be closed two hours prior to all Molloy College events in Quealy Gymnasium.

RULES AND REGULATIONS

1. Only Molloy College students, faculty, staff, and administration, may utilize the Fitness Center. All individuals must also present their own valid student, faculty, staff, or administration **identification card** to use the Fitness Center. Visitors are not permitted.
2. Individuals who participate in the Fitness Center will be doing so at their own risk. Molloy College is not responsible for any injury that may occur to individuals participating in any exercise activity. Participation in exercise activity is on a voluntary basis. Report injuries immediately to the Fitness Center Assistant.
3. **Individuals are required to use proper Fitness Center etiquette.** This includes but is not limited to the following: Return all weights and equipment to their proper location. Weights or dumbbells may not be dropped on the floor or benches. All individuals are required to wipe down cardio and weight room equipment after each use. Paper towels and disinfecting spray is available for use. Individuals must pick up after themselves, discard trash and remove personal items.
4. Report damaged equipment immediately to the Fitness Center Assistant.
5. **Failure to comply with the rules and regulations of the Fitness Center will result in loss of Fitness Center privileges.** Students are also required to adhere to the rules and regulations in the Student-Athlete Handbook. If at any time an individual does not comply with the rules or the Fitness Center Assistant on duty, the individual will be asked to leave and his/her Fitness Center privileges will be revoked.
6. **Absolutely no one is allowed in the Fitness Center without a Fitness Center Assistant present.** The Fitness Center Assistant on duty is ultimately responsible for enforcing all rules, regulations, and procedures.



HOW DO I.....

Find an on campus work study job

- Visit the Financial Aid Office to find out if you are eligible, Wilbur Arts Center

Find a part-time/full-time job or internship

- Visit the Career Development Center, Public Square

Join Clubs/Student Government

- Visit the Student Development Center

Become involved in Campus Ministry

- Stop by Campus Ministries in the Public Square.

Join SAAC

- See Jason Trufant, Associate Director of Athletics

Find the Office of the Registrar/Office of the Bursar

- Go to the 2nd floor of the Wilbur Arts Center, Room 235

Find the Financial Aid Office

- Go to Wilbur Arts Center, 2nd Floor

Become an Ambassador or Open House Tour Guide

- Go to the Office of Admissions, Wilbur Arts Center, Room 226

Find the Health Services Office

- A nurse is available daily in Kellenberg, Room 310

Get my Student ID

- Go to the Student Development Center

Buy my books

- Stop by the Molloy College Bookstore located in the Public Square

Receive Academic Support

- Visit the Academic Enrichment Program(AcE) located in the Casey Building, Room C019
- Visit the Writing Resource Center, located in the Casey Building, Room C016

Get my Physical Education Requirement waived

- See the Department of Athletics for a waiver form



GO LIONS!!!

CALENDAR YEARS

2011

January	S	M	T	W	T	F	S	February	S	M	T	W	T	F	S	March	S	M	T	W	T	F	S	April	S	M	T	W	T	F	S
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	18	19	20	21	22	23	24		16	17	18	19	20	21	22		20	21	22	23	24	25	26		18	19	20	21	22	23	24
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2012

January	S	M	T	W	T	F	S	February	S	M	T	W	T	F	S	March	S	M	T	W	T	F	S	April	S	M	T	W	T	F	S		
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	2	3	4	5	6	7	8		7	8	9	10	11	12	13		4	5	6	7	8	9	10		2	3	4	5	6	7	8		
	9	10	11	12	13	14	15		14	15	16	17	18	19	20		11	12	13	14	15	16	17		9	10	11	12	13	14	15		
	16	17	18	19	20	21	22		21	22	23	24	25	26	27		18	19	20	21	22	23	24		16	17	18	19	20	21	22		
	23	24	25	26	27	28	29		28	29	30	31	25	26	27		28	29	30	25	26	27	28		29	30	31	23	24	25	26	27	28
30																																	

2013

January	S	M	T	W	T	F	S	February	S	M	T	W	T	F	S	March	S	M	T	W	T	F	S	April	S	M	T	W	T	F	S
	6	7	8	9	10	11	12		3	4	5	6	7	8	9		3	4	5	6	7	8	9		1	2	3	4	5	6	7
	13	14	15	16	17	18	19		10	11	12	13	14	15	16		10	11	12	13	14	15	16		7	8	9	10	11	12	13
	20	21	22	23	24	25	26		17	18	19	20	21	22	23		17	18	19	20	21	22	23		14	15	16	17	18	19	20
	27	28	29	30	31	24	25		26	27	28	24	25	26	27		28	29	30	24	25	26	27		28	29	30	21	22	23	24
May	S	M	T	W	T	F	S	June	S	M	T	W	T	F	S	July	S	M	T	W	T	F	S	August	S	M	T	W	T	F	S
	1	2	3	4	2	3	4		5	6	7	8	1	2	3		4	5	6	7	8	9	10		11	12	13				
	12	13	14	15	16	17	18		9	10	11	12	13	14	15		14	15	16	17	18	19	20		4	5	6	7	8	9	10
	19	20	21	22	23	24	25		16	17	18	19	20	21	22		21	22	23	24	25	26	27		18	19	20	21	22	23	24
	26	27	28	29	30	31	23		24	25	26	27	28	29	28		29	30	31	28	29	30	31		25	26	27	28	29	30	31
September	S	M	T	W	T	F	S	October	S	M	T	W	T	F	S	November	S	M	T	W	T	F	S	December	S	M	T	W	T	F	S
	1	2	3	4	5	6	7		6	7	8	9	10	11	12		3	4	5	6	7	8	9		1	2	3	4	5	6	7
	8	9	10	11	12	13	14		13	14	15	16	17	18	19		10	11	12	13	14	15	16		8	9	10	11	12	13	14
	15	16	17	18	19	20	21		20	21	22	23	24	25	26		17	18	19	20	21	22	23		15	16	17	18	19	20	21
	22	23	24	25	26	27	28		27	28	29	30	31	24	25		26	27	28	29	30	22	23		24	25	26	27	28		
29	30																														

